



TRAMPOLINE WORLD CUP 2026

& COIMBRA GYM FEST
3-5 JULY



4-5 JULY 2026

COIMBRA | PORTUGAL
PAVILHÃO M. M. MÁRIO MEXIA

NEWSLETTER #2



WELCOME TO COIMBRA!

Ricardo Lino

The Sports Councilor of the
Municipality of Coimbra

The Municipality of Coimbra is delighted to welcome the athletes, coaches, officials, judges, and volunteers taking part in another major international Trampoline Gymnastics competition, to be held on July 4th and 5th, 2026, at the Mário Mexia Municipal Sports Hall.

Coimbra maintains a strong connection to sport and physical activity, playing a prominent role, particularly in Trampoline Gymnastics. Hosting another event of the Trampoline World Cup series reflects the recognition of the Municipality's organizational capacity, the quality of its sports facilities, and the work developed in close cooperation with federations, clubs, and local associations.

The Municipality's strategy is based on promoting accessible, educational, and inclusive sport, while also investing in attracting high-level competitive events

that project Coimbra beyond borders and strengthen its position on the national and international stage.

A city of knowledge, tradition, fado, youth, and innovation, Coimbra is equally proud to value sport as an important factor in human, social, and territorial development. It is through this balance between tradition and the future that we continue building Coimbra as a true City of Sport.

I wish all participants excellent performances and hope these days in Coimbra will be marked by positive experiences, a spirit of fair play, and memorable moments.

Welcome, and enjoy Coimbra.



Rita Oliveira

President of the Gymnastics Department
from Associação Académica de Coimbra

It is with great pride and excitement that we welcome the World Gymnastics Trampoline World Cup to the beautiful city of Coimbra. Hosting such a prestigious international event is both an honor and a responsibility that we embrace with enormous enthusiasm.

Coimbra, a city rich in history, culture, and tradition, is ready to open its doors to athletes, coaches, officials, and supporters from all around the world. Known for its hospitality, vibrant atmosphere, and unique heritage, Coimbra offers the perfect setting for a competition that celebrates excellence, dedication, and the universal spirit of sport.

This competition represents the highest level of performance, bringing together some of the world's most talented athletes.

Their presence in our city is a source of inspiration for our community, especially for young gymnasts who dream of reaching the international stage. We are thrilled to witness extraordinary performances that combine technical mastery, dedication and passion.

I believe that we will leave a lasting impression on everyone who visits, not only through the quality of the organization and facilities, but also through the warmth and enthusiasm of our people. Together, with all partners, institutions, volunteers, and supporters, we're fully committed to delivering an event of the highest standard. We are determined to create an unforgettable experience for every participant and spectator.

To all delegations arriving from across the globe: **welcome to Coimbra!** We are honored to receive you, proud to share our city with you and excited to celebrate together the beauty and excellence of our sport. We look forward to an extraordinary event, filled with unforgettable moments and remarkable performances



MCOUTINHO

DESCUBRA MAIS AQUI



+28

MARCAS
AUTOMÓVEIS

+90

PONTOS
DE VENDA

+40

OFICINAS MECÂNICA
E COLISÃO



BRAGANÇA | VILA REAL | PORTO | AVEIRO | VISEU | COIMBRA | LEIRIA | LISBOA | SETÚBAL | FARO

TRANSPORTS

ARRIVALS AND DEPARTURES

On arrival at Porto airport, teams with Local Organizing Committee (LOC) transfer reservations will find volunteers willing to help them reach transportation, according to flight plans which must be provided in advance.

TRAINING AND COMPETITION DAYS

Every day participants will be offered transportation to the sports hall and back to the hotel, by dedicated bus.

SAFETY

The Host Federation, the LOC and the World Gymnastics will not be liable in case of accidents, illness, repatriation and the like. The World Gymnastics Technical Regulations foresee that all participating federations are responsible for making their own arrangements regarding insurance coverage against illness, accidents and repatriation for all members of their delegation.

The LOC will verify the insurance status of delegation members upon arrival (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient coverage must inform the LOC in advance. We'll provide first aid services and a team of physiotherapists and doctors will be present during the entire competition.

DOCUMENTS

Each delegation should approach the Accreditation Desk upon arrival with the following documents:

- Passports of all members of the delegation;
- World Gymnastics licenses;
- Proof of total payment of costs due to the LOC;
- Proof of insurance of all delegation members.

A photo of each member of the delegation for the World Cup event (digital format), must be sent together with the Nominative Registration.

PRIZE MONEY

There's a total of 25.600 CHF (Swiss Francs) for the Trampoline World Cup and 6.000€ for the International Trampoline Competition.



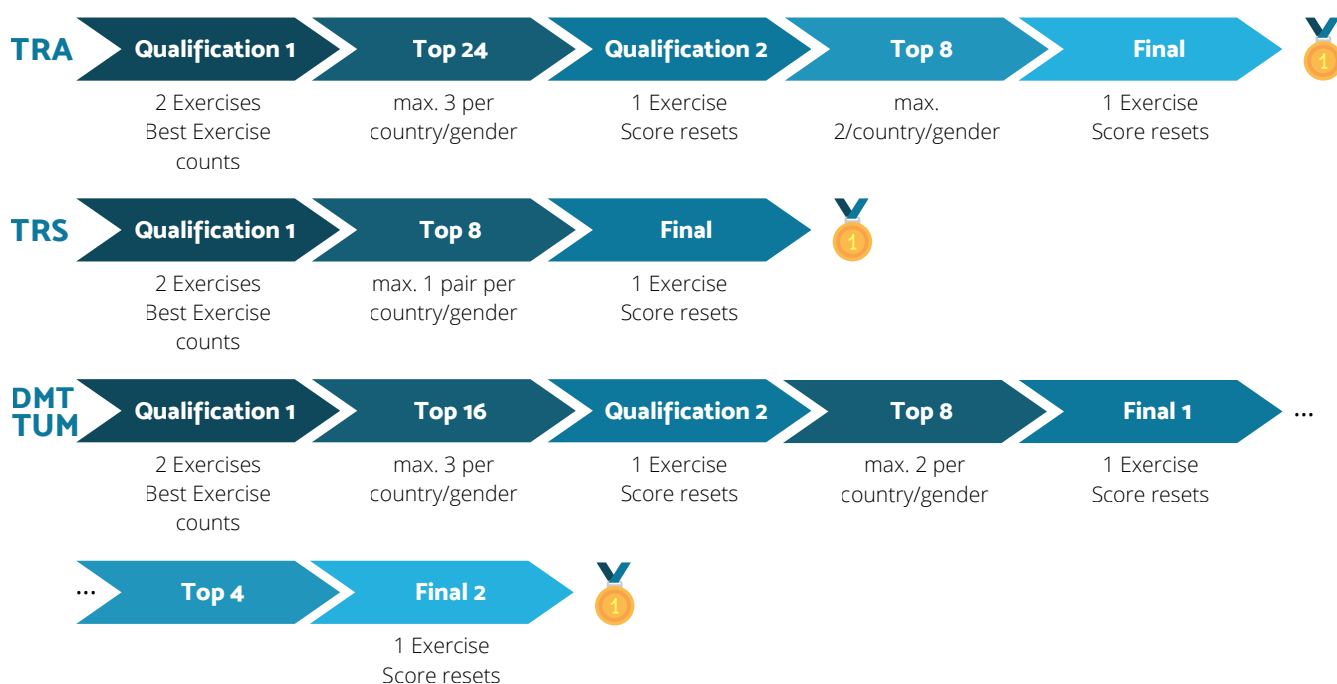
"Trampolining is an art form. It requires grace, precision, and skill to execute a perfect routine."

Dan Millman



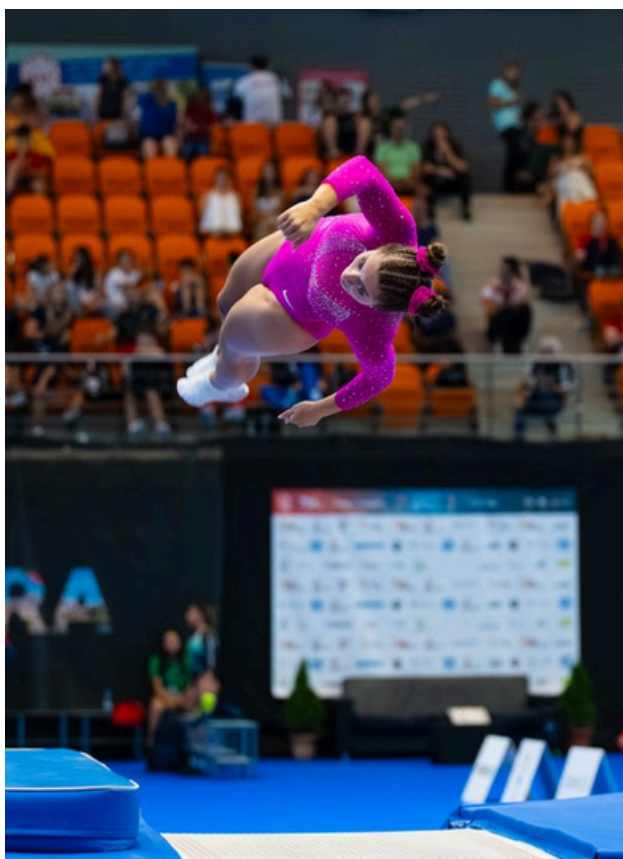
TROPHIES

WORLD CUP - Qualifications and Finals



TROPHIES

INTERNATIONAL TRAMPOLINE COMPETITION - Qualifications and Finals



IT'S OUR 25TH YEAR OF ORGANISING INTERNATIONAL EVENTS!

This year marks our 25th year organizing events!

Back in 2001, a group of gymnastics friends came together to organize an International Acrobatic Gymnastics Competition in Coimbra. That event became the beginning of a long journey filled with unforgettable moments, incredible people, and many events still to come.

Over the years, some people moved on and many new faces joined us, but one thing has never changed: our passion for gymnastics and for bringing world-class Trampoline, Acrobatic Gymnastics, Gymnastics for All, and Parkour events to Coimbra.

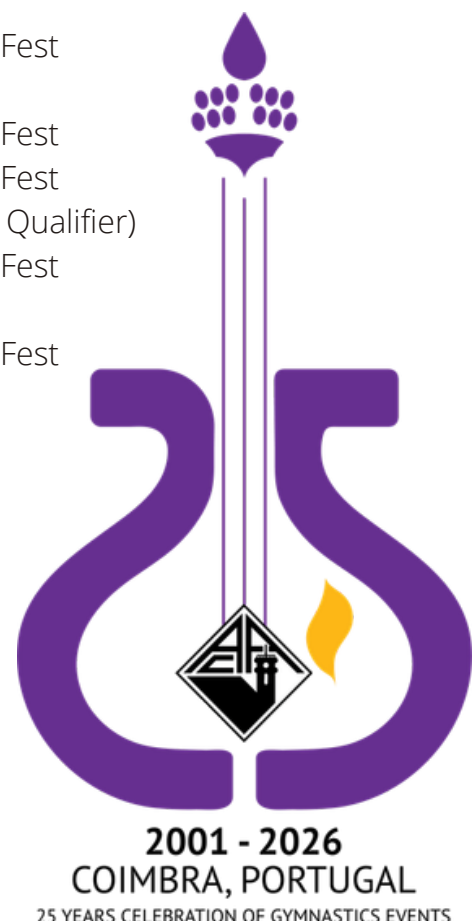
25 years later, we're still here — and this is only the beginning. Here's to many more events, memories, and years together!

Our events:

- 2001 — 1st International Sport Acrobatics Tournament
- 2004 — Coimbra Acrobatic Gymnastics FIG World Cup
- 2006 — 20th Acrobatic Gymnastics World Championships & 4th Age Group Competitions
- 2012 — 8th Eurogym
- 2016 — FIG Trampoline World Cup & Coimbra Gym Fest
- 2018 — Coimbra Gym Fest
- 2021 — FIG Trampoline World Cup & Coimbra Gym Fest
- 2022 — FIG Trampoline World Cup & Coimbra Gym Fest
- 2023 — FIG Trampoline World Cup (Olympic Games Qualifier)
- 2024 — FIG Trampoline World Cup & Coimbra Gym Fest
- 2024 — FIG Parkour World Cup
- 2025 — FIG Trampoline World Cup & Coimbra Gym Fest
- 2026 — World Gymnastics Trampoline World Cup & Coimbra Gym Fest

Our 25 years celebration of Gymnastic events logo

The 25 Years logo was designed by Mónica Wolters to celebrate both our history and the identity of Coimbra. The number "25" forms the shape of a traditional Coimbra guitar, famous for its 12 strings and for the distinctive teardrop detail placed at the top of the neck — a feature that sets it apart from the Lisbon guitar. At the center of the guitar, the sound hole is represented by the logo of the organising club - Associação Académica de Coimbra, symbolising the heart of all the events and memories created throughout these 25 years. The purple and yellow colours represent the city of Coimbra, reflecting our roots, tradition, and passion for sport and culture.





Sustainable Jump!

In Coimbra, Sustainability is also part of the World Cup!

The Organising Committee and everyone involved are joining efforts to align the event with the United Nations Sustainable Development Goals, promoting stronger environmental, social, and economic responsibility.

10 examples of actions helping make our event more sustainable:

- Use of public transportation between hotels and the venue, reducing the number of vehicles in circulation;
- Availability of water refill stations, encouraging the use of personal bottles and reducing single-use plastic bottles;
- Use of reusable cutlery, plates, and cups, helping reduce plastic waste;
- Preparation of meals on-site for immediate consumption, lowering energy consumption;
- Waste separation points available throughout the venue, encouraging recycling;
- Preference for local suppliers and service providers, supporting local businesses;
- Promotion of a volunteer programme that encourages gender equality and the inclusion of disadvantaged groups;
- Partnership with the PAS GRAS programme, promoting healthy lifestyles;
- Increased use of non-dated materials, allowing them to be reused in future editions;
- Production and publication of a post-event Sustainability Report, ensuring transparency and accountability.

**Let's do this together — join us in making
this World Cup more sustainable!**





returns to COIMBRA GYM FEST 2026

Coimbra Gym Fest 2026 will once again welcome the PAS GRAS project, reinforcing a partnership focused on promoting healthier lifestyles and raising awareness about obesity prevention.

Coordinated by the University of Coimbra, the European Project PAS GRAS aims to prevent and reverse obesity and related metabolic complications through innovative, personalised approaches that combine research, health literacy, nutrition, and physical activity.

Bringing together partners from eight European countries, the project works across different age groups (pre-pubertal children (3-9 yr), adolescents (10-18 yr), young adults (19-25 yr), and adults (25-55)) to better understand obesity risk factors and develop effective prevention strategies. A key part of this mission involves engaging communities through schools, sports clubs, healthcare centres, municipalities, and other local stakeholders.

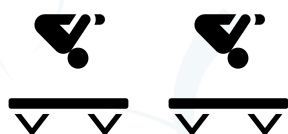
The Gymnastics Association of the Center Region remains an active partner in the project, while Associação Académica de Coimbra continues to contribute through its participation in research activities involving young gymnasts.

During this year's Coimbra Gym Fest, PAS GRAS will once again celebrate movement, healthy habits, and the positive impact of sport. Participants and visitors will have the opportunity to engage with the project team and share what inspires them to stay active.

Join us in celebrating gymnastics, physical activity, and healthier futures for all.

WORLD GYMNASTICS TRAMPOLINE WORLD CUP

229 GYMNASTS
181 OFFICIALS
24 COUNTRIES



22 MEN PAIRS
21 WOMEN PAIRS



57 MEN
54 WOMEN



26 MEN
30 WOMEN



27 MEN
33 WOMEN

TRAMPOLINE INTERNATIONAL COMPETITION

623 GYMNASTS
224 OFFICIALS
60 SPORTS CLUBS
17 COUNTRIES



97 EN
158 WOMEN



83 MEN
141 WOMEN



44 MEN
100 WOMEN

Organization



Institutional Partners



Sponsors

