



TRAMPOLINE WORLD CUP 2026 & COIMBRA GYM FEST



NEWSLETTER #1



MEET COIMBRA

The Gymnastics Federation of Portugal and the Associação Académica de Coimbra, under the auspices of the World Gymnastics and with the Coimbra Municipality support, will organize the World Gymnastics Coimbra Trampoline World Cup 2026.

A historical city in the central region of Portugal covers an area of 316 km² and has approximately 140.000 inhabitants. Bathed by the Mondego river, Coimbra enchants all visitors with its beautiful Fado and academic traditions, where students paint the town in black with their traditional clothes.

The historic area of the city: University of Coimbra, Alta and Sofia were declared in 2013 World Heritage by UNESCO. The University of Coimbra is one of the greatest symbols of the city. Founded in 1290 by King D.Dinis, it is the oldest university in the country and one of the oldest in Europe.

There are several stories and legends about the university that could be described to you, but we want to leave some of them for you to find out when you visit our city. To make you curious, we just say that in addition to the various faculties, you can also visit the Time Clock Tree, the Joanina Library, the Minerva Stairs, the Capelos Room, the University Tower and even the Academic old prison.

THE SPORTS HALL

During the 4th and the 5th of July of 2026 we will receive the world's best gymnasts at the venue Pavilhão Municipal Multidesportos Mário Mexia. This sports hall is located in the Square Heróis do Ultramar, one of the trendiest city areas, where is located the football stadium, two swimming pools and the Alma Shopping center, along with several schools.



TRA WORLD CUP

This year's worldwide gymnastic event will include both, the Trampoline World Cup and the International Trampoline Competition.

The city of Coimbra, a host of many gymnastics events, is a mandatory stop. It will be the most complete worldwide Trampoline competition, having the disciplines of Individual Trampoline, Synchronized Trampoline, Tumbling, and Double Mini-Trampoline.

Coimbra Gym Fest inquiries:
trampoline@coimbragymfest.org

According to the World Cup provisional registrations in Coimbra, we will have gymnasts from five continents: Azerbaijan, Belgium, Bulgaria, Czechia, Denmark, Estonia, France, Germany, Great Britain, Greece, Italy, Poland, Portugal, Spain and Turkey, from Europe, were the majority of participants come from; Asia will be represented by China, Iran, Kazakhstan and Uzbekistan; from America, we will receive Brazil, Canada, Mexico and the United States of America; while South Africa will represent the African continent. From Oceania, we will be welcoming New Zealand and Australia. We will also have neutral individual athletes competing.

COMPETITION

Qualifications and Finals.

AWARDS

Medals will be awarded to all podium winners, and participation diplomas will be given to all participants.

PRIZE MONEY

A total of 25.600 CHF (Swiss Francs).

MORE INFORMATION

coimbragymfest.org

World Cup inquiries:
worldcup@coimbragymfest.org

*“Embrace the joy of defying gravity and
let your leaps inspire the world.”*

TRANSPORTATION

Delegations that book Full Pack will be offered transport from Porto International Airport (OPO) to Hotel/Sports Hall and back. Transfers from Lisbon International Airport (LIS) can also be arranged at the delegation's expense if needed.

VISA

If a visa is required for travel to Portugal, the Organizing Committee will be happy to assist.

ACCOMMODATION AND MEALS

Breakfast will be served at the accommodation and lunch and dinner will be provided near the sports hall. All Meals are included in the Full Pack.

DEADLINES

Definitive Registration

29th April 2026

Nominative Registration

27th May 2026

THE EVENT

WORLD CUP

**1st
July**

Delegations' arrival

**2nd
July**

Training and Podium training

**3rd
July**

Qualifications: Trampoline, Synchro, Tumbling and Double Mini-Trampoline

**4th
July**

Finals: Trampoline, Synchro, Tumbling and Double Mini-Trampoline
Banquet final party

**5th
July**

Delegations' departure

**6th
July**

COIMBRA GYM FEST

Delegations' arrival

Training and Podium training

Training and Podium training

Qualifications: TRA, TUM and DMT

Qualifications: TRA, TUM and DMT
Finals: Trampoline, Tumbling and Double Mini-Trampoline

Finals: Trampoline, Tumbling and Double Mini-Trampoline
Banquet final party

Delegations' departure

Organization



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