



Trampoline WORLD CUP

& Coimbra Gym Fest



Program

5-6 JULY 2025

COIMBRA | PORTUGAL
PAVILHÃO M. M. MÁRIO MEXIA



CÂMARA MUNICIPAL
COIMBRA



COIMBRA ON THE GLOBAL GYMNASTICS MAP

Once again, Coimbra takes center stage as host of one of the most iconic events on the international sports calendar: the Trampoline World Cup. This competition, part of the prestigious International Gymnastics Federation (FIG) circuit, transforms our city into a hub of excellence for elite athletes, coaches, judges, and gymnastics enthusiasts from all over the world. It is an honor for us to host this event, which not only celebrates sport at the highest level but also reinforces Coimbra's place on the global gymnastics map.

The World Cup, taking place this year on July 5th and 6th, is a clear testament to Coimbra's organizational capabilities, hospitality, and dynamic spirit. By welcoming athletes from dozens of countries, we foster cultural exchange, strengthen ties between nations, and promote the core values of sport: respect, discipline, perseverance, and teamwork. Alongside this symbolic dimension, the event also brings tangible benefits to the local economy — boosting hotels, restaurants, and local businesses — at a time when the city comes to life with the arrival of thousands of visitors.



José Manuel Silva
President of the
Municipality of Coimbra

For Coimbra, this competition is also a unique opportunity to inspire young people, introducing them to a demanding and beautiful sport that continues to grow.

Trampoline Gymnastics is steadily earning its place in the Olympic landscape, and hosting such a high-profile event allows us to play an active role in its development, while encouraging healthy lifestyles and strengthening local sports training — motivating both our clubs and young athletes.

On behalf of the Municipality of Coimbra, I would like to thank the Portuguese Gymnastics Federation, the International Gymnastics Federation, our partners, and everyone who makes this event possible — from volunteers to coaches and athletes. May this World Cup once again stand as an example of sporting excellence, hospitality, and passion for our city. Coimbra is ready to welcome the world and elevate trampoline gymnastics to the highest level — with elegance and enthusiasm.



Luís Arrais

President of the
Gymnastics Federation of Portugal

It's a great pleasure to welcome you once again to our city, as Coimbra proudly hosts another edition of the Trampoline World Cup.

To all our friends and athletes from the world of Trampoline Gymnastics, we wish you the very best in your performances. May you meet your goals and enjoy a successful and rewarding competition.

WELCOME TO THE CITY OF COIMBRA!

While you're here, we also invite you to explore the city of Coimbra — discover its rich history, visit its remarkable monuments, and, of course, enjoy the incredible local cuisine.

A heartfelt thank you to the Secção de Ginástica of Associação Académica de Coimbra, the Associação de Ginástica do Centro, the Municipality of Coimbra, and to all the volunteers and local organising committee who make this event possible.

**Let's celebrate gymnastics.
Let's celebrate Coimbra!**



A MELHOR EXPERIÊNCIA AUTOMÓVEL

A nossa história começa com a nossa promessa | Tornar a **experiência** do Cliente única.



VISITA-NOS.

MCOUTINHO.PT



EVENT

The Gymnastics Federation of Portugal and the Associação Académica de Coimbra, under the auspices of the Fédération Internationale de Gymnastique (FIG) and with the Coimbra Municipality support, will organize the FIG Trampoline World Cup and the Trampoline International Competition.

TRAMPOLINE WORLD CUP

FIG World Cup Series in Trampoline Gymnastics in 2025 consists of six events in Baku (AZE), Riccione (ITA), Coimbra (POR), Cottbus (GER), Varna (BUL) and Antibes (FRA).

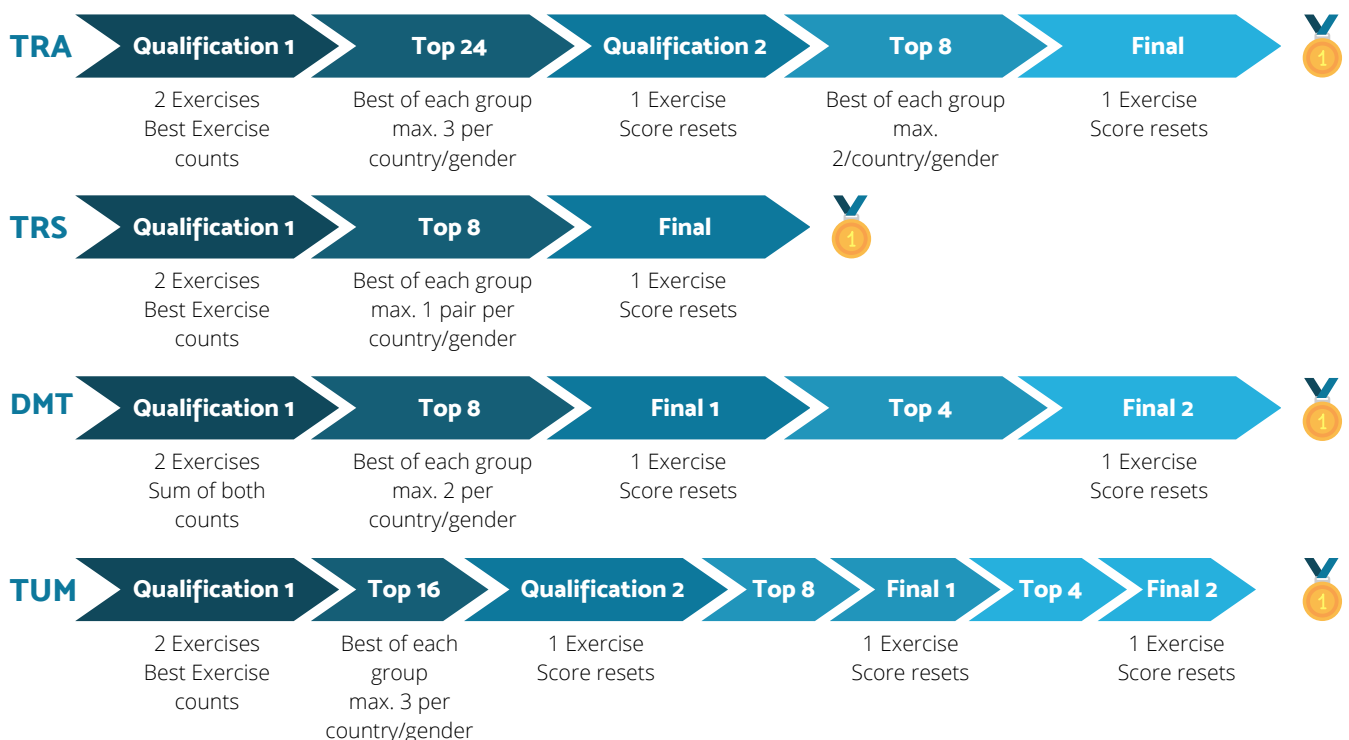
These are great events, staged in attractive and well known cities and venues, with guaranteed TV coverage.

Their aim is to showcase the world's very best gymnasts in media and public friendly surroundings.

This competition is reserved to national federations and senior gymnasts in Individual Trampoline, Synchronized Trampoline, Double Mini-Trampoline and Tumbling.

At each event, the gymnasts will have the opportunity to earn World Cup Points, which will result in the FIG World Cup Series Ranking List.

The top 8 gymnasts or pairs from the Qualifications will qualify for the Finals (max. 2 individuals or 1 pair per national federation per discipline).

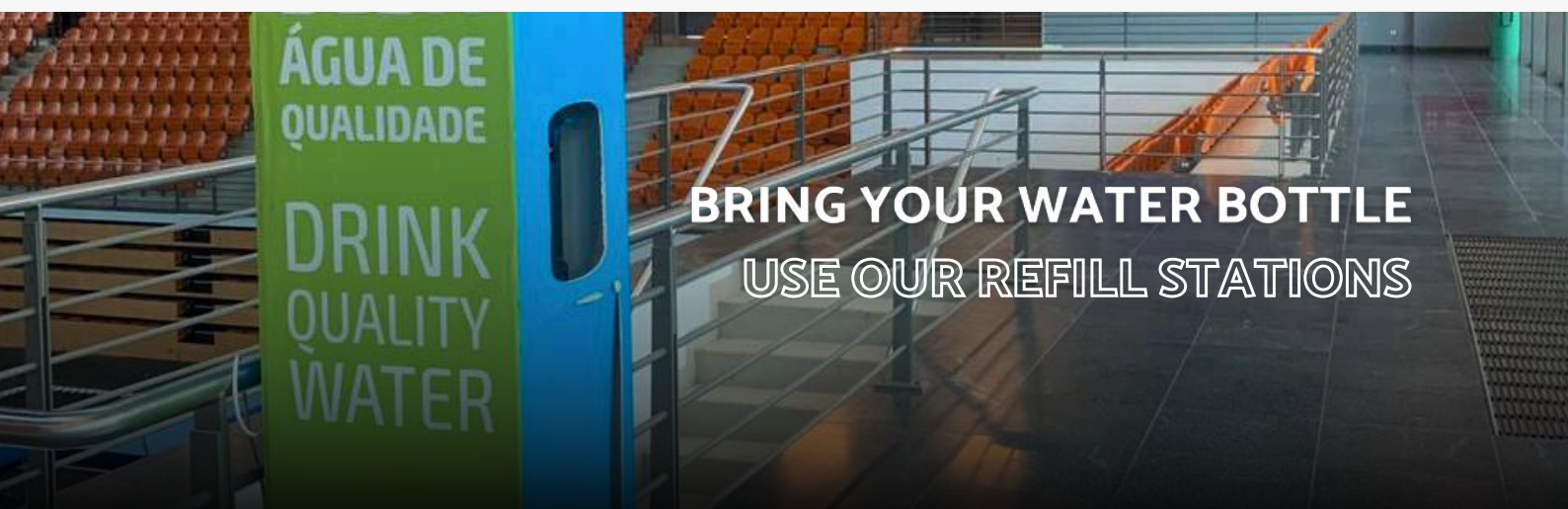
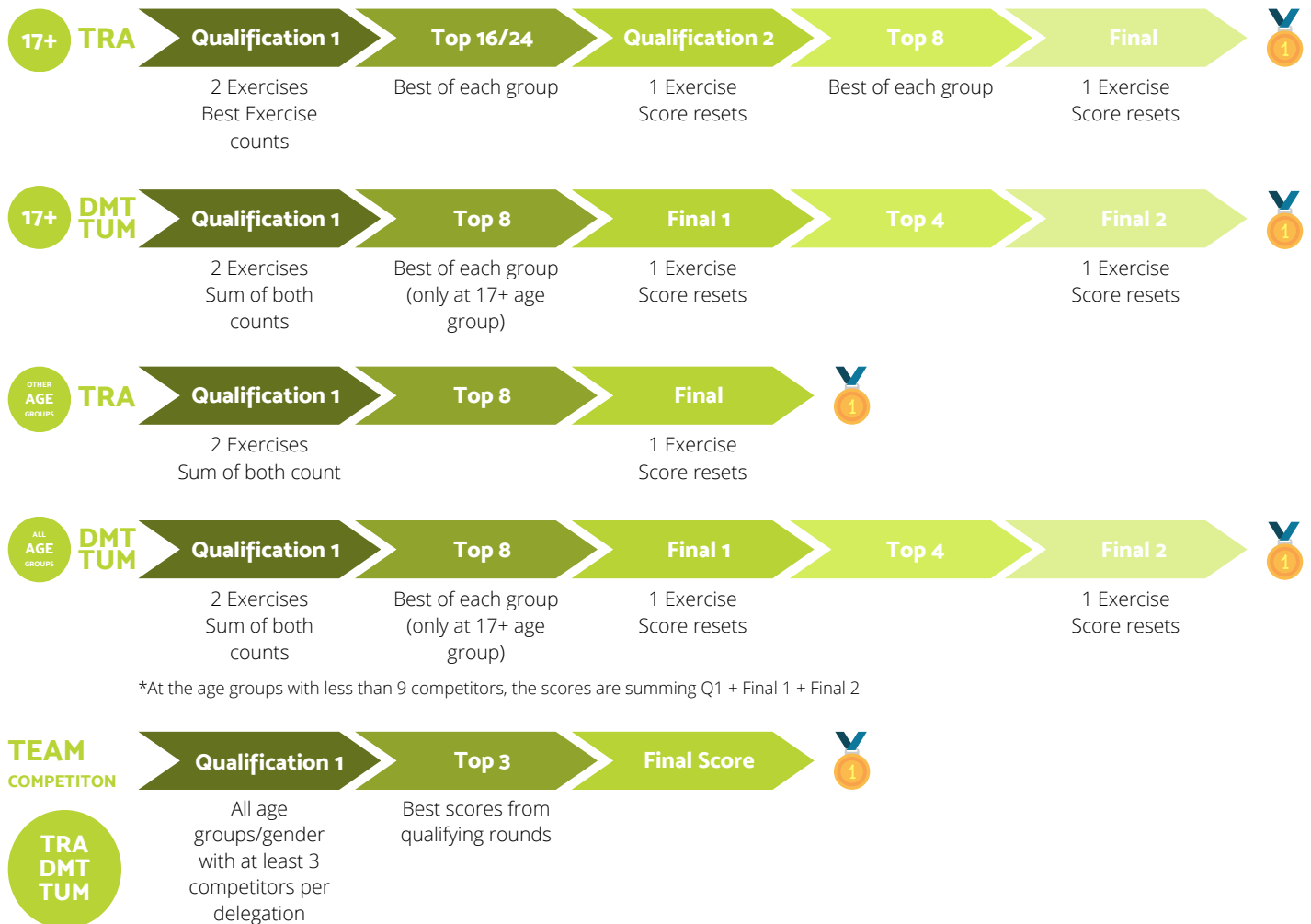


"Trampolining is an art form. It requires grace, precision, and skill to execute a perfect routine."

Dan Millman

TRAMPOLINE INTERNATIONAL COMPETITION

The Trampoline International Competition brings young athletes from all over the world to compete in Individual Trampoline, Double Mini Trampoline and Tumbling.



**BRING YOUR WATER BOTTLE
USE OUR REFILL STATIONS**



Coimbra 2025



SCHEDULE

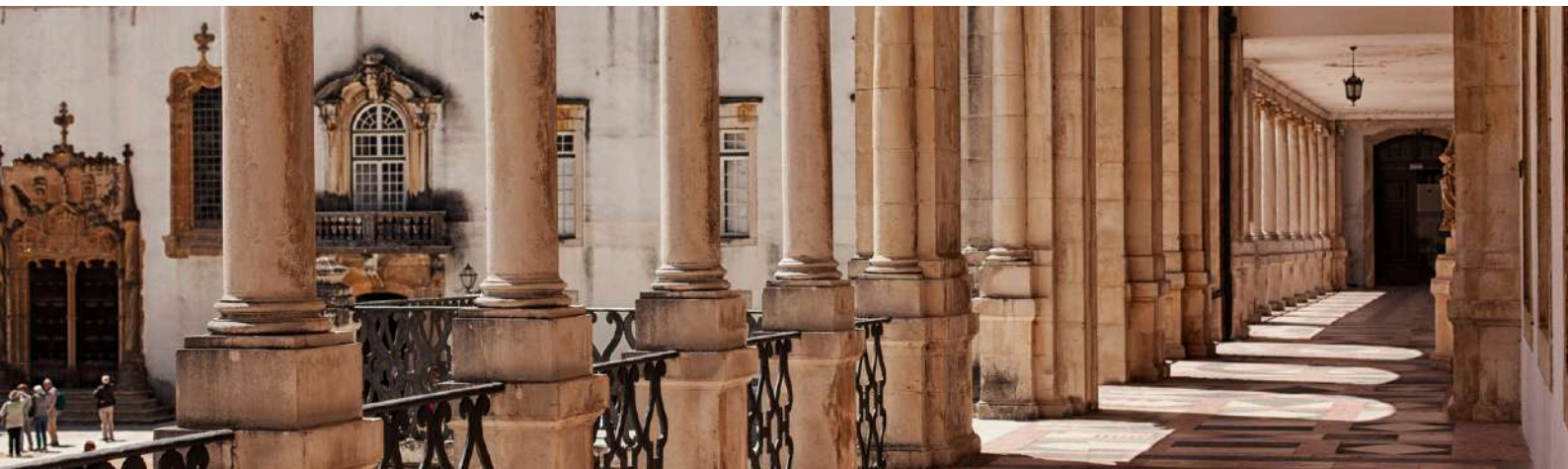
THURSDAY, 3RD JULY

		Trampoline Warm Up Hall		Trampoline Competition Hall				Tumbling	DMT	Other
Start	Finish	Warm Up	Warm Up	Competition	Competition	Start	Finish	Comp. Hall	Comp. Hall	
		Male	Female	Male	Female			Warm Up + Competition	Warm Up + Competition	
08:00	08:30	Training WC				08:00	08:10			
08:30	09:00			Training WC		08:10	08:50	Training WC		
09:00	09:30					08:50	09:30			
09:30	10:00					09:30	10:10			
10:00	10:30					10:10	10:50			
10:30	11:00					10:50	11:30			
11:00	11:30					11:30	11:40			
11:30	11:40					11:40	11:40			
11:40	12:10	Training Gymfest				11:40	12:10	Training Gymfest		
12:10	12:40					12:10	12:40			
12:40	13:10					12:40	13:10			
13:10	13:40					13:10	13:40			
13:40	14:10					13:40	14:10			
14:10	14:40					14:10	14:40			
14:40	15:10					14:40	15:10			
15:10	15:20					15:10	15:10			
15:20	15:50	Training WC				15:10	15:30			
15:50	16:20			Training WC		15:30	16:10	Training WC		
16:20	16:50					16:10	16:50			
16:50	17:20					16:50	17:30			
17:20	17:50					17:30	18:10			
17:50	18:20					18:10	18:50			
18:20	18:50					18:50	18:50			
18:50	19:00					18:50	19:00			
19:00	19:30	Training Gymfest		Training Gymfest		19:00	19:30	Training Gymfest		
19:30	20:00					19:30	20:00			19h15 WC Orientation Meeting
20:00	20:50			National Competition		20:00	20:50			20h00 WC Welcome Event
20:50	21:40					20:50	21:40			

WORLD CUP

COIMBRA GYM FEST

NAT COMPETITION



SCHEDULE

FRIDAY, 4TH JULY

		Trampoline Warm Up Hall		Trampoline Competition Hall				Tumbling	DMT	Other
Start	Finish	Warm Up	Warm Up	Competition	Competition	Start	Finish	Comp. Hall	Comp. Hall	
		Male	Female	Male	Female			Warm Up + Competition	Warm Up + Competition	
08:00	08:30	Training WC				08:00	08:10			
08:30	09:00			Training WC		08:10	08:50	Training WC		
09:00	09:30					08:50	09:30			
09:30	10:00					09:30	10:10			9h15 CGF Orientation Meeting
10:00	10:30					10:10	10:50			10h15 CGF Judges Meeting
10:30	11:00					10:50	11:30			
11:00	11:30					11:30	11:30			DMT 2
10:40	11:30	15-16 F Gr 1	U12 F Gr 1			11:30	12:15	U12 F Gr 1	13-14 M	13-14 F Gr 1
11:30	12:20	15-16 F Gr 2	U12 F Gr 2	15-16 F Gr 1	U12 F Gr 1	12:15	13:00	U12 F Gr 2	17+ M Gr 1	13-14 F Gr 2
12:20	13:10	15-16 F Gr 3	U12 F Gr 3	15-16 F Gr 2	U12 F Gr 2	13:00	13:45	13-14 F Gr 1	17+ M Gr 2	13-14 F Gr 3
13:10	14:00	15-16 F Gr 4	U12 F Gr 4	15-16 F Gr 3	U12 F Gr 3	13:45	14:30	13-14 F Gr 2	17+ M Gr 3	13-14 F Gr 4
14:00	14:50			15-16 F Gr 4	U12 F Gr 4	14:30	14:50			
14:50	15:30			Team Medal Ceremony		14:50	15:30	Team Medal Ceremony		
15:20	15:50	Training WC				15:30	16:10	Training WC		
15:50	16:20			Training WC		16:10	16:50			
16:20	16:50					16:50	17:30			
16:50	17:20					17:30	18:10			17h30 World Cup Judges Meeting
17:20	17:50					18:10	18:50			
17:50	18:20					18:50	18:50			
18:20	18:50					18:50	18:50			
17:55	18:50	13-14 M	13-14 F Gr 1			18:50	19:35	15-16 M	17+ F Gr 1	
18:50	19:45	15-16 M Gr 1	13-14 F Gr 2	13-14 M	13-14 F Gr 1	19:35	20:20	17+ M Gr 1	17+ F Gr 2	
19:45	20:40	15-16 M Gr 2	13-14 F Gr 3	15-16 M Gr 1	13-14 F Gr 2	20:20	21:05	17+ M Gr 2	17+ F Gr 3	
20:40	21:35	15-16 M Gr 3	13-14 F Gr 4	15-16 M Gr 2	13-14 F Gr 3	21:05	21:35	Final 13-14 F	Final 13-14 M	
21:35	22:30			15-16 M Gr 3	13-14 F Gr 4	21:35	22:05	Final U12 F	Final 13-14 F	
22:30	23:00			Team Medal Ceremony		22:05	23:00	Award Ceremony		

WORLD CUPCOIMBRA GYM FEST

SCHEDULE

SATURDAY, 5TH JULY

		Trampoline Warm Up Hall		Trampoline Competition Hall				Tumbling	DMT	Other
Start	Finish	Warm Up	Warm Up	Competition	Competition	Start	Finish	Comp. Hall	Comp. Hall	
		Male	Female	Male	Female			Warm Up + Competition	Warm Up + Competition	DMT 2
08:30	08:50					08:30	09:15			U12 F Gr 1
08:50	09:40	17+ M Gr 1	17+ F Gr 1	POR NAT 17-21 F1	POR NAT 17-21 F1	09:15	10:00	U12 M 13-14 M	15-16 M Gr 1	U12 F Gr 2
09:40	10:30	17+ M Gr 2	17+ F Gr 2	17+ M Gr 1	17+ F Gr 1	10:00	10:45	15-16 F Gr 1	15-16 M Gr 2	U12 F Gr 3
10:30	11:20	17+ M Gr 3	17+ F Gr 3	17+ M Gr 2	17+ F Gr 2	10:45	11:30	15-16 F Gr 2	15-16 F Gr 1	U12 F Gr 4
11:20	12:10	17+ M Gr 4	17+ F Gr 4	17+ M Gr 3	17+ F Gr 3	11:30	12:15	17+ F Gr 1	15-16 F Gr 2	U12 F Gr 5 U12 M Gr 1
12:10	13:00			17+ M Gr 4	17+ F Gr 4	12:15	13:00	17+ F Gr 2	15-16 F Gr 3	U12 M Gr 2
12:40	13:30	Q1 - Gr 1	Q1 - Gr 1	Team Medal Ceremony		13:00	13:30	Team Medal Ceremony		
13:30	14:20	Q1 - Gr 2	Q1 - Gr 2	Q1 - Gr 1	Q1 - Gr 1	13:30	14:20	W - Gr 1		
14:20	15:10	Q1 - Gr 3	Q1 - Gr 3	Q1 - Gr 2	Q1 - Gr 2	14:20	15:10	W - Gr 2	M - Gr 1	
15:10	16:00	Q1 - Gr 4	Q1 - Gr 4	Q1 - Gr 3	Q1 - Gr 3	15:10	16:00	W - Gr 3	M - Gr 2	
16:00	16:50	Q1 - Gr 5	Q1 - Gr 5	Q1 - Gr 4	Q1 - Gr 4	16:00	16:50	M - Gr 1	M - Gr 3	
16:50	17:40	Q1 - Gr 6		Q1 - Gr 5	Q1 - Gr 5	16:50	17:40	M - Gr 2	W - Gr 1	
17:40	18:30			Q1 - Gr 6		17:40	18:30	M - Gr 3	W - Gr 2	
18:30	19:15	TRS - Gr 1	TRS - Gr 1			18:30	19:15			18h30 Opening Ceremony
19:15	20:00	TRS - Gr 2	TRS - Gr 2	TRS - Gr 1	TRS - Gr 1	19:15	19:35	Q2 W - Gr 1		
20:00	20:45	TRS - Gr 3		TRS - Gr 2	TRS - Gr 2	19:35	19:55	Q2 W - Gr 2		
20:45	21:30			TRS - Gr 3		19:55	19:55			
21:00	21:30	Q2 17+ M Gr 1	Q2 17+ F Gr 1			19:55	19:55			
21:30	22:00	Q2 17+ M Gr 2	Q2 17+ F Gr 2	Q2 17+ M Gr 1	Q2 17+ F Gr 1	19:55	19:55			
22:00	22:30			Q2 17+ M Gr 2	Q2 17+ F Gr 2	19:55	19:55			
22:30	22:30					19:55	19:55			

WORLD CUP

COIMBRA GYM FEST

NAT COMPETITION



SCHEDULE

SUNDAY, 6TH JULY

		Trampoline Warm Up Hall	Trampoline Competition Hall			Trampoline Warm Up Hall	Trampoline Competition Hall			Tumbling	DMT	Other
Start	Finish	Warm Up Male	Competition Male	Start	Finish	Warm Up Female	Competition Female	Start	Finish	Comp. Hall Warm Up + Competition	Comp. Hall Warm Up + Competition	
08:00	08:30	Final U12 F		08:00	08:50	U12 M Gr 1		08:00	08:30			
08:30	09:00	Final 13-14 F	Final U12 F	08:50	09:40	U12 M Gr 2	U12 M Gr 1	08:30	09:00	Final U12 M	Final 15-16 M	
09:00	09:30	Final 15-16 F	Final 13-14 F	09:40	10:30		U12 M Gr 2	09:00	09:30	Final 15-16 F	Final 17+ F	
09:30	10:00	Final 13-14 M	Final 15-16 F	10:30	10:30			09:30	10:00	Final 17+ F	Final 17+ M	
10:00	10:30		Final 13-14 M	10:30	10:30			10:00	10:30	Final 17+ M	Final U12 M	
10:30	11:15	Award Ceremonies		10:30	11:15	Award Ceremonies		10:30	11:15	Award Ceremonies		
12:40	13:30	Q1 - Gr 1	Q1 - Gr 1			Team Medal Ceremony		13:00	13:30	Team Medal Ceremony		
		Trampoline Warm Up Hall				Trampoline Competition Hall				Tumbling	DMT	Other
Start	Finish	Warm Up	Warm Up	Start	Finish	Competition	Competition	Start	Finish	Comp. Hall	Comp. Hall	
		Male	Female			Male	Female			Warm Up + Competition	Warm Up + Competition	
10:45	11:15	Q2 - Gr 1	Q2 - Gr 1	10:45	11:15			11:15	11:35	Q2 M - Gr 1		
11:15	11:45	Q2 - Gr 2	Q2 - Gr 2	11:15	11:45	Q2 - Gr 1	Q2 - Gr 1	11:35	11:55	Q2 M - Gr 2		
11:45	12:15			11:45	12:15	Q2 - Gr 2	Q2 - Gr 2	11:55	12:15			
11:45	12:15	Final 15-16 M	Final U12 M	11:45	12:15			12:15	12:15			
12:15	12:45	Final 17+ M	Final 17+ F	12:15	12:45	Final 15-16 M	Final U12 M	12:15	12:45	Final 13-14 M	Final U12 F	
12:45	13:15			12:45	13:15	Final 17+ M	Final 17+ F	12:45	13:15	Final 15-16 M	Final 15-16 F	
13:15	13:55			13:15	13:55	Award Ceremonies		13:15	13:55	Award Ceremonies		
14:00	14:35			14:00	14:35			14:00	14:35	Final W		
14:40	15:10		Final W	14:40	15:10			14:35	15:10		Final M	
15:10	15:40	Final M		15:10	15:40		Final W	15:10	15:40			
15:40	16:10			15:40	16:10	Final M		15:40	16:10			
16:10	16:45			16:10	16:45			16:10	16:45	Final M		
16:45	17:20		Final SYN	16:45	17:20			16:45	17:20		Final W	
17:20	17:55	Final SYN		17:20	17:55		Final SYN	17:20	17:55			
17:55	18:30			17:55	18:30	Final SYN		17:55	18:30			
18:30	19:10			18:30	19:10	Award Ceremonies		18:30	19:10	Award Ceremonies		
19:10	19:10			19:10	19:10			19:10	19:10			20h00 Banquet

WORLD CUP

COIMBRA GYM FEST



TRAMPOLINE WORLD CUP GROUPS

INDIVIDUAL TRAMPOLINE

INDIVIDUAL MEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	31288	CHARTIER	Julian	FRA
2	41494	TUMAKOV	Nikita	KAZ
3	48983	LOCHER	Elia Joel	SUI
4	46476	MATSUMOTO	Yusei	JPN
5	42672	ALBUQUERQUE	Gabriel	POR
6	24484	WALKES	Corey	GBR
7	36997	ALVES	Goncalo	SUI
8	32827	BARKOV	Roman	KAZ
9	49653	YAMAZAKI	Riku	JPN
10	32646	PATISSO COLONNA	Samuele	ITA
11	13931	SCHMIDT	Dylan	NZL

INDIVIDUAL WOMEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	36734	HRUDOVA	Aneta	CZE
2	37878	MAHSUDOVA	Seljan	AZE
3	43934	WIJKSTRA	Madelief	NED
4	55942	BONNE	Rielle	CAN
5	45831	ROZHKOVA	Kateryna	UKR
6	11909	LABROUSSE	Lea	FRA
7	13059	SCHURING	Romana	NED
8	24955	CARVALHO	Mariana	POR
9	42920	ALAROVA	Sofiia	UKR
10	44292	PIATAKOVA	Veronika	UKR

GROUP 2				
#	FIG	NAME	First Name	NF
1	48647	HE	Longyu	CHN
2	44211	VELDHUIZEN	Rikkert	NED
3	57112	WANG	Zisai	CHN
4	55681	SOKOLOV	Andrii	UKR
5	46478	MITA	Yasufumi	JPN
6	6507	SOEHN	Keegan	CAN
7	30823	STANKEVICH	Sebastsyen	AIN
8	36696	BELKHIR	Noureddine-Younes	ALG
9	57063	LI	Yuming	CHN

GROUP 2				
#	FIG	NAME	First Name	NF
1	41638	AMANO	Maia	USA
2	48874	ESEN	Ecem Nisa	TUR
3	41548	BROUSSE	Clea	FRA
4	41536	RIOU	Zelie	FRA
5	55840	CORRIVEAU	Melina	CAN
6	32829	BUTOLINA	Viktoriya	KAZ
7	49110	ALIAEVA	Sofiia	AIN
8	41368	YALCIN	Livanur	TUR
9	19756	MORI	Hikaru	JPN
10	7220	GOMES	Camilla	BRA
11	36828	SAKURAI	Ena	JPN
12	25106	CORREIA	Sofia	POR

GROUP 3				
#	FIG	NAME	First Name	NF
1	33953	BUILOU	Andrei	AIN
2	57172	CLOUTIER	Etienne	CAN
3	42272	LAUXTERMANN	Caio	GER
4	46049	VOGEL	Elijah	USA
5	42706	MACCAGNAN	Ryan	USA
6	30325	BRETSCHER	Paul	USA
7	46088	TONELLI	Marco	ITA
8	62626	M'HAMEDI	Mohamed Abderrahim	ALG
9	31393	PERZAMANOS	Zak	GBR
10	41546	YASKEVICH	Stanislau	AIN

GROUP 3				
#	FIG	NAME	First Name	NF
1	40814	APAKIDZE	Anano	GEO
2	24526	DAVIDSON	Madaline	NZL
3	47880	STJAERNBORG	Tuva	SWE
4	23984	METHOT	Sophieane	CAN
5	43935	ULJEE	Lina	NED
6	49695	REIS	Ines	POR
7	18098	SONGHURST	Isabelle	GBR
8	51847	DOVGALYOVA	Anna	UKR
9	25060	QIU	Zheng	CHN
10	25063	HU	Yicheng	CHN
11	49975	ZHANG	Xinxin	CHN

TRAMPOLINE WORLD CUP GROUPS

INDIVIDUAL TRAMPOLINE (cont.)

INDIVIDUAL MEN

GROUP 4				
#	FIG	NAME	First Name	NF
1	14263	FERREIRA	Pedro	POR
2	63114	VLASOV	Denys	UKR
3	32650	LAVINO	Marco	ITA
4	33064	KOZLOV	Kirill	AIN
5	53555	NIFTALIYEV	Ali	AZE
6	36892	MOL	Jordy	NED
7	53384	DIDENKO	Maksim	AIN
8	47534	POPIEL	Dawid	POL
9	47059	TASMAGAMBETOV	Yerlan	KAZ
10	32879	KASIMOV	Danila	AIN

INDIVIDUAL WOMEN

GROUP 4				
#	FIG	NAME	First Name	NF
1	19699	ROESLER	Aileen	GER
2	14023	PAGE	Bryony	GBR
3	13549	BRETSCHER	Clare	USA
4	57292	ROBERTS	Kennedi	USA
5	45017	FAN	Xinyi	CHN
6	30825	YARSHOVA	Katsiaryna	AIN
7	53626	GARAFALO	Leah	USA
8	16236	GOMES	Alice	BRA
9	31315	BRECHE	Anais	FRA
10	41365	MORET	Lucie	SUI
11	31110	MARIANITO NUNES	Catarina	POR

GROUP 5				
#	FIG	NAME	First Name	NF
1	52846	SJOSTROM	Noel	SWE
3	62622	OUAHABI	Abdelabasset	ALG
4	44742	MIYANO	Hayato	JPN
5	24918	SCHULDT	Matthias	GER
6	31144	SANTOS	Lucas	POR
7	24543	ROWLEY	Isaac	USA
8	22085	GOUZOU	Pierre	FRA
9	48646	YAN	Langyu	CHN
10	24996	RIOU	Florestan	FRA
11	47533	ZYDEK	Oktawian	POL

GROUP 5				
#	FIG	NAME	First Name	NF
1	10956	JANJGAVA	Teona	GEO
2	46481	ISHIDA	Misaki	JPN
3	33999	TANAKA	Saki	JPN
4	29066	MILETTE	Sarah	CAN
5	47107	WIJKSTRA	Thalissa	NED
6	50337	COLUZZI	Silvia	ITA
7	41412	BARDZILOUSKAYA	Viyaleta	BLR
8	36356	BLADTCEVA	Anzhela	AIN
9	46097	JURICKOVA	Michaela	CZE
10	40815	RAGIMOV	Mariam	GEO

GROUP 6				
#	FIG	NAME	First Name	NF
1	14077	MUSSABAYEV	Danil	KAZ
2	7176	DEMIRO-O-DOMIRO	Morgan	FRA
3	28980	DODD	Gavin	CAN
4	34499	FERRARI	Santiago	ARG
5	6632	NORDFORS	Jonas	SWE
6	7045	ABREU	Diogo	POR
7	51150	MIRZAYEV	Nijat	AZE
8	41543	LITVINOVICH	Ivan	AIN
9	13813	VOGEL	Fabian	GER

TRAMPOLINE WORLD CUP GROUPS

SYNCHRONIZED TRAMPOLINE

SYNCHRO MEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	24484	WALKES	Corey	GBR
	31393	PERZAMANOS	Zak	
2	30325	BRETSCHER	Paul	USA
	42706	MACCAGNAN	Ryan	
3	49653	YAMAZAKI	Riku	JPN
	46478	MITA	Yasufumi	
4	36892	MOL	Jordy	NED
	44211	VELDHUIZEN	Rikkert	
5	14077	MUSSABAYEV	Danil	KAZ
	41494	TUMAKOV	Nikita	
6	46049	VOGEL	Elijah	USA
	24543	ROWLEY	Isaac	
7	62622	OUAHABI	Abdelabasset	ALG
	62626	M'HAMEDI	Mohamed Abderrahim	

SYNCHRO WOMEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	23984	METHOT	Sophiane	CAN
	29066	MILETTE	Sarah	
2	47107	WIJKSTRA	Thalissa	NED
	43935	ULJEE	Lina	
3	42920	ALAROVA	Sofiia	UKR
	44292	PIATAKOVA	Veronika	
4	49999	CAO	Yunzhu	CHN
	45017	FAN	Xinyi	
5	13059	SCHURING	Romana	NED
	43934	WIJKSTRA	Madelief	
6	45831	ROZHKOVA	Kateryna	UKR
	51847	DOVGALYOVA	Anna	
7	11909	LABROUSSE	Lea	FRA
	41548	BROUSSE	Clea	
8	41638	AMANO	Maia	USA
	53626	GARAFALO	Leah	
9	36828	SAKURAI	Ena	JPN
	46481	ISHIDA	Misaki	
10	25063	HU	Yicheng	CHN
	49975	ZHANG	Xinxin	
11	41368	YALCIN	Livanur	TUR
	48874	ESEN	Ecem Nisa	

TRAMPOLINE WORLD CUP GROUPS

SYNCHRONIZED TRAMPOLINE (cont.)

SYNCHRO MEN

GROUP 2				
#	FIG	NAME	First Name	NF
1	42272	LAUXTERMANN	Caio	GER
	13813	VOGEL	Fabian	
2	57140	HUANG	Honglin	CHN
	60782	WANG	Dong	
3	47059	TASMAGAMBETOV	Yerlan	KAZ
	32827	BARKOV	Roman	
4	31288	CHARTIER	Julian	FRA
	24996	RIOU	Florestan	
5	7045	ABREU	Diogo	POR
	14263	FERREIRA	Pedro	
6	28980	DODD	Gavin	CAN
	6507	SOEHN	Keegan	
7	55681	SOKOLOV	Andrii	UKR
	63114	VLASOV	Denys	

GROUP 3				
#	FIG	NAME	First Name	NF
1	22085	GOUZOU	Pierre	FRA
	7176	DEMIRO-O-DOMIRO	Morgan	
2	57112	WANG	Zisai	CHN
	48647	HE	Longyu	
3	47534	POPIEL	Dawid	POL
	47533	ZYDEK	Oktawian	
4	36997	ALVES	Goncalo	SUI
	48983	LOCHER	Elia Joel	
5	46476	MATSUMOTO	Yusei	JPN
	44742	MIYANO	Hayato	
6	57172	CLOUTIER	Etienne	CAN
	63058	VIAU	Nathan	
7	42672	ALBUQUERQUE	Gabriel	POR
	31144	SANTOS	Lucas	
8	32646	PATISSO COLONNA	Samuele	ITA
	32650	LAVINO	Marco	

SYNCHRO WOMEN

GROUP 2				
#	FIG	NAME	First Name	NF
1	14023	PAGE	Bryony	GBR
	18098	SONGHURST	Isabelle	
2	16236	GOMES	Alice	BRA
	7220	GOMES	Camilla	
3	40814	APAKIDZE	Anano	GEO
	40815	RAGIMOV	Mariam	
4	36734	HRUDOVA	Aneta	CZE
	46097	JURICKOVA	Michaela	
5	55942	BONNE	Rielle	CAN
	55840	CORRIVEAU	Melina	
6	24955	CARVALHO	Mariana	POR
	31110	MARIANITO NUNES	Catarina	
7	19756	MORI	Hikaru	JPN
	33999	TANAKA	Saki	
8	13549	BRETSCHER	Clare	USA
	57292	ROBERTS	Kennedi	
9	31315	BRECHE	Anais	FRA
	41536	RIOU	Zelie	

TRAMPOLINE WORLD CUP GROUPS

TUMBLING

MEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	55636	TADDEI	Jake	GBR
2	53398	COLLIER	Alfie	GBR
3	23892	KUSAGAYA	Takeshi	JPN
4	63155	LOFIEGO	Emanuel	ARG
5	57072	GIBBS	Gavin	CAN
6	30249	BROWN	Kaden	USA
7	55708	WALKER	Amare	USA
8	43674	GURBANOV	Bilal	AZE
9	49220	FERREIRA	Kevin	FRA
10	46450	LIGGINS	Freddy	GBR
11	53414	HARPER	Xavier	USA
12	42867	HAJIZADA	Adil	AZE

WOMEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	53647	COX	Emma	USA
2	42557	PINTO	Francisca	POR
3	34349	BRIERE-VETILLARD	Candy	FRA
4	49648	WATANABE	Kotomi	JPN
5	65875	WANG	Ke	CHN
6	53688	RENDERS	Marth	BEL
7	34348	TONNELIER	Pauline	FRA
8	48078	FIELD	Alicia	GBR
9	46046	TAYLOR	Tia	USA
10	48859	RENDERS	Fran	BEL
11	45610	JEFFERS	Jaeda-Lei	GBR

GROUP 2				
#	FIG	NAME	First Name	NF
1	49772	ZHOU	Chaoyue	CHN
2	32844	ALIYEV	Tofig	AZE
3	29732	SARAIVA	Joao	POR
4	46482	MINAMI	Takuto	JPN
5	25088	PESO	Vasco	POR
6	55505	ZERMEÑO	Ian	MEX
7	42088	FINICHENKO	Sergei	AIN
8	63058	VIAU	Nathan	CAN
9	33704	ABILDGAARD	Martin	DEN
10	60929	PINSK	Benjamin	CAN
11	45992	HERGUE	Hippolyte	FRA

GROUP 2				
#	FIG	NAME	First Name	NF
1	55843	JACKSON	Claire	CAN
2	42273	MATERN	Ashley	USA
3	63407	BERDAL	Camille	FRA
4	42733	AGOSTINHO	Margarida	POR
5	42736	CASCALHEIRA	Mariana	POR
6	60726	IIDA	Mayu	JPN
7	34356	MORANCAIS	Manon	FRA
8	36838	SUGIURA	Yumena	JPN
9	45747	LIAMINA	Aleksandra	AIN
10	42915	SUGIURA	Himena	JPN
11	41072	OPPON	Naana	GBR

GROUP 3				
#	FIG	NAME	First Name	NF
1	53614	MENSAH	Bailey	USA
2	49565	GOMES	Diogo	POR
3	24602	ANNAG	Abdenmour	ALG
4	60975	CANUEL	Victor	CAN
5	24595	TORRES	Ignacio	ARG
6	51532	BENNISON	Isaac	GBR
7	21671	MATAYOSHI	Kento	JPN
8	42718	PALMA	Andre	POR
9	65873	JIANG	Qiaokun	CHN
10	57339	MAURICE	Tylan	FRA
11	33531	LINDHOLMER	Magnus	DEN

GROUP 3				
#	FIG	NAME	First Name	NF
1	41746	VAN REGENMORTEL	Louise	BEL
2	42930	SANTOS	Matilde	POR
3	59629	EVANSON	Alisha	GBR
4	65874	DENG	Yaxuan	CHN
5	56915	RILEY	Nasiara	USA
6	34371	EFRAIMOGLOU	Alexandra	GRE
7	63076	BERGER	Ophelie	CAN
8	39795	MOORE	Sara	CAN
9	48834	HOREMANS	Nona	BEL
10	46318	PILLINGER	Taylor	CAN
11	42085	KALIANDRA	Arina	AIN

TRAMPOLINE WORLD CUP GROUPS

DOUBLE-MINI TRAMPOLINE

MEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	49955	SMITH	Simon	USA
2	55251	CARLEN	Jacob	SWE
3	18168	SAMPAIO ROMAO	Tiago	POR
4	42529	TROYAN	Artur	UKR
5	41825	GOSLING	Lewis	GBR
6	30397	PADILLA	Ruben	USA
7	31447	IUREV	Mikhail	AIN
8	34499	FERRARI	Santiago	ARG
9	55841	BLOOM	Tristan	CAN

WOMEN

GROUP 1				
#	FIG	NAME	First Name	NF
1	48406	LOCK	Emily	GBR
2	42729	RAGA	Aliah	USA
3	29188	WAY	Kirsty	GBR
4	57292	ROBERTS	Kennedi	USA
5	66345	WAX	Sophie	CAN
6	45835	TARRANT	Madeleine	GBR
7	44631	BEGIM	Galina	AIN
8	52846	GARCIA	Alexandra	POR
9	37231	GILL	Susan	USA
10	35300	DODD	Kristina	CAN

GROUP 2				
#	FIG	NAME	First Name	NF
1	33798	CABRAL	Diogo	POR
2	13832	BERRIDGE	Daniel	GBR
3	28980	DODD	Gavin	CAN
4	60740	SAITO	Ryu	JPN
5	66300	OZAWA	Kohei	JPN
6	44359	JOSE	Francisco	POR
7	53344	MALLAIS	Rylan	CAN
8	46482	MINAMI	Takuto	JPN
9	52846	SJOSTROM	Noel	SWE
10	6632	NORDFORS	Jonas	SWE

GROUP 2				
#	FIG	NAME	First Name	NF
1	42720	GAGO	Diana	POR
2	60928	DION	Amelia	CAN
3	52844	OLIVEIRA	Matilde	POR
4	53601	HARDER	Grace	USA
5	47880	STJAERNBORG	Tuva	SWE
6	49695	REIS	Ines	POR
7	21936	TSUBOI	Yukina	JPN
8	41728	BEATTIE	Kim	GBR
9	36834	SATO	Ayumi	JPN

GROUP 3				
#	FIG	NAME	First Name	NF
1	6937	ZALOMIN	Mikhail	AIN
2	41071	AIKEREMIOKHA	Omo	GBR
3	42702	HARDER	Trevor	USA
4	53210	CUNNINGHAM	Ethan	GBR
5	55444	POVEDA	Max	USA
6	35826	FERNANDES	Diogo	POR
7	60793	ROBERTSON	Griffyn	CAN
9	55505	ZERMEÑO	Ian	MEX

COIMBRA GYM FEST GROUPS

INDIVIDUAL TRAMPOLINE

U12 MALE

GROUP 1				GROUP 2			
#	NAME	First Name	NF	#	NAME	First Name	NF
1	RELVAS	Henrique	AAE	1	DELIBASHVII	Giorgi	GEO
2	RIBEIRO	André	ACM	2	ASCHWANDEN	Keiji	GVD
3	ANICETO	Nuno Rodrigo	CDAPOR	3	KARACHALIOS	Evangelos	GKL
4	MATIAS	Miguel	GCO	4	PEREIRA	Gabriel	GCST
5	ZAINULIN	Yasmir	KAZ	5	HADID	Ayoub	CEA
6	GAMEIRO	Francisco	AGS	6	MARTINS	Henrique	AAC
7	BAKHTIN	Nazar	KAZ	7	SAMICO	David	ACM
8	ABDULLAYEV	Abdulaziz	KAZ	8	LANÇA	Nuno	AGS
9	AMARAL	Aiden	CCRAM	9	HASANLI	Muhammad	AZE
10	MARQUES	Miguel	AAC	10	NETO	Gonçalo	AGS
11	JEREMIAS	Matias	AAE	11	CARVALHO	CARVALHO	AGSi

U12 FEMALE

GROUP 1				GROUP 2			
#	NAME	First Name	NF	#	NAME	First Name	NF
1	MARTINS	Sara	AGS	1	CARIDADE	Maria	AGS
2	Ó	Nicole	CPSBM	2	MACHADO	Lara	AGDM
3	RIBEIRO	Beatriz	AGDL	3	ALMEIDA	Francisca	AGS
4	MENDES	Melissa	ACM	4	AREIAS	Maria	AAC
5	PINTO	Joana	AGDM	5	CANAVERDE	Mariana	AGDL
6	RODRIGUES	Yara	CPSBM	6	LOPES	Catarina	AGDL
7	GODINHO	Maria	AGS	7	MARTINS	Mafalda	AGS
8	MARQUES	Mª Carolina	AGS	8	KARAGIANNI	Sofia	AP
9	PESEIRO	Mª Benedita	AGS	9	KARAVA	Kalliopi	AP
10	GORRENGIA	Gaia	CPSBM	10	OLIVEIRA	Lara	AAC
11	AGHAZADA	Aylin	AZE	11	PLEXANOVI	Kristina	GEO
12	SOUSA	Mariana	AAE	12	LOURO	Matilde	GCO
13	MATEI	Maria	CPSBM	13	MILITÃO	Xana	AGDL
14	ROSA	Matilde	AGS				

COIMBRA GYM FEST GROUPS

INDIVIDUAL TRAMPOLINE

U12 FEMALE

GROUP 3				GROUP 4			
#	NAME	First Name	NF	#	NAME	First Name	NF
1	RAMOS	Iris	AAE	1	DJILAS	Nina	CEA
2	SILVA	Mariana	GCV	2	GUIDO	Maria	AGS
3	AFONSO	Luna	AGDM	3	COSTA	Madalena	AGS
4	AUGUSTO	Teresa	GCST	4	SILVA	Olívia	AGS
5	SAMUEL	Lehna	GVD	5	PINTO	Maria	CPSBM
6	JORGE	Marta	ACM	6	COUTINHO	Madalena	AAE
7	RODRIGUES	Sofia	AGDL	7	ARROTEIA	Mª Flor	AGS
8	AFONSO	Nuria	CPSBM	8	BARROS	Joana	SAR
9	TOJO	Madalena	AGS	9	COSTA	Eva	EDV
10	BRITO	Mariana	VFC	10	COSTA	Marta	AGDL
11	ALMEIDA	Sofia	ACM	11	VERÇAS	Maria	AGS
12	COSTA	Joana	AGDL	12	OLIVEIRA	Inês	AAE
13	MARREIROS	Lara	CPSBM	13	MONTEIRO	Maria	AAC
				14	PLÁCIDO	Leonor	AGSi

13-14 MALE

GROUP 1			
#	NAME	First Name	NF
1	RAMOS	Santiago	AAE
2	ARTEMENKO	Maksym	UKR
3	MARTINS	Artur	SCP
4	ROUX	Axel	GVD
5	BYRNE-KANE	Matthew	IRL
6	KOTSIAROS	Christos	AP
7	LUZINDRO	Salvador	AGDL
8	LOESEL	Mathéo	CEA
9	HULIAIEV	Illia	UKR
10	GERNEZ	Antonin	CEA
11	MUSTAFAYEV	Farhad	AZE
12	TROYAN	Maksym	UKR
13	BYKOV	Makar	UKR
14	DIMITRIADIS	Rafail	AP
15	AGOSTINHO	Martim	AGDL
16	BÜTTNER	Matteo	SUI

COIMBRA GYM FEST GROUPS

INDIVIDUAL TRAMPOLINE

13-14 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	PIRES	Sofia	URD
2	HUTCHINSON	Sophie	GBR
3	RODRIGUES	Leonor	AGDL
4	ROSADO	Madalena	URD
5	CIPRIANO	Raquel	CPSBM
6	GRAÇA	Mª Flor	AGDL
7	FREITAS	Inês	GCV
8	MARCELINO	Leonor	AGS
9	SAMPAIO	Íris	EDV
10	ALMEIDA	Joana	AAE
11	ESTEVIÃO	Carolina	CPSBM
12	JANSEN	Victoria	CGC
13	GUERRA	Mariana	CPSBM
14	HUSEYNOVA	Samira	AZE
15	PATRÍCIO	Diana	URD
16	SEBASTIÃO	Maria	CPSBM

GROUP 2			
#	NAME	First Name	NF
1	BAPTISTA	Leonor	AGS
2	ERE	Emma	EsTT
3	FELGUEIRAS	Sara	EDV
4	POMBA	Maria	AGS
5	SILVA	Eva	CPSBM
6	PINTO	Mariana	SCP
7	ESTEVEENS	Alice	CPSBM
8	POMBO	Bruna	AGDL
9	GOUVEIA	Giana	GCV
10	OSYCHANSKA	Anna	UKR
11	AGOSTINHO	Matilde	APAGL
12	MASSANO	Letícia	AGS
13	SKIADA	Eleni	AP
14	OLIVEIRA	Leonor	EDV
15	CAMPOS	Maria	AGSi

GROUP 3			
#	NAME	First Name	NF
1	CANCELINHA	Matilde	AGS
2	GRAÇA	Mónica	GCV
3	COIMBRA	Inês	AAE
4	SOUSA	Maria Miguel	GCV
5	LIESIROVA	Lotta	EsTT
6	JORDÃO	Mariana	AGDL
7	ROGERS	Fiadh	IRL
8	PEDROSA	Laura	AAE
9	SILVA	Constança	AGDL
10	SCHURMANN	Maria	GCV
11	LARÉ	Alice	VFC
12	RÜFENACHT	Mari	SUI
13	CUNHA	Matilde	ACM
14	CASIMIRO	Erika	AGS

GROUP 4			
#	NAME	First Name	NF
1	MASON	Emma	GBR
2	COOK	Isabelle	GBR
3	KIRTADZE	Elene	GEO
4	RZONCA	Oliwia	IRL
5	GABRIADZE	Mariami	GEO
6	RODRIGUES	Rosarinho	AGS
7	ILACO	Francisca	AGS
8	USUBIAN	Nino	GEO
9	HAARA	Enni	EsTT
10	SILVA	Matilde	AGSi
11	STATHI	Dimitra Maria	AP
12	ASCHWANDEN	Mailys	GVD
13	SULZER	Luna	SUI
14	BURGESS	Amelia	GBR
15	GAZETA	Natalia Michaela	AP

COIMBRA GYM FEST GROUPS

INDIVIDUAL TRAMPOLINE

15-16 MALE

GROUP 1			
#	NAME	First Name	NF
1	DIAS	Simão	CEDF
2	LOPES	Martim	AGSi
3	CAGNASSO	Leonardo Van Tien	ITA
4	SLAVIN	Dmitriy	KAZ
5	WHALEY	Zackrey	USA
6	PICHILLI	Théo	GVD
7	AMON	Jolhann	FRA
8	RIBEIRO	Duarte	GCV
9	MESCE	Leo	SUI
10	BUTLER	George	GBR
11	SOKOLOV	Serhii	UKR
12	ALDERDICE	Zach	IRL

GROUP 2			
#	NAME	First Name	NF
1	BAKHSHALIYEV	Ammar	AZE
2	LOMTATIDZE	Luka	GEO
3	LAZZARINI	Ascanio	ITA
4	NEWMAN KEMP	Samuel	GBR
5	MENDES	Pedro	VFC
6	MANAT	Adal	KAZ
7	PIKOFISKY-CHRISTIANSEN	Rafi	USA
8	GLÓRIA	Miguel	LGC
9	CIRKVA	David	CZE
10	KUCHERENKO	Andrii	UKR
11	GREGÓRIO	Lucas	GCV
12	TEIXEIRA	Manuel	ACM

GROUP 3			
#	NAME	First Name	NF
1	LATO	Jakub	POL
2	TONIAN	Davyd	GVD
3	CORREIA	Nuno	AAC
4	ROQUE	Afonso	AAC
5	CHKHAIDZE	Cotne	GEO
6	HUDZEI	Nikita	UKR
7	DOWN	Conor	IRL
8	SAARI	Valentin	EsTT
9	DIAS	Francisco	APAGL
10	HARES	Elliott	GBR
11	STEAD	Billy	GBR
12	BORDERS	Joseph	USA

COIMBRA GYM FEST GROUPS

INDIVIDUAL TRAMPOLINE

15-16 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	PELKONEN	Nyyti	EsTT
2	ANTOSZCZYK	Weronika	POL
3	COSTA	Iris	AAC
4	LEPORE	Amylia	CAN
5	MERILAMPI	Lotta	EsTT
6	BYRKA	Sofiia	UKR
7	LIKHONINA	Anna	AGSi
8	RADAELLI	Letizia	ITA
9	BRAHAR	Mariia	UKR
10	DANLEY	Grace	USA
11	PINHEIRO	Madalena	AGS
12	CAEIRO	Sofia	CDAPOR

GROUP 2			
#	NAME	First Name	NF
1	FAIRWEATHER	Grace	GBR
2	TEIXEIRA	Margarida	ACM
3	WIDMER	Livia	SUI
4	HOLLIDAY	Kira	GBR
5	TRINDADE	Leonor	AGS
6	CARDOSO	Matilde	AGS
7	PEDROSA	Rita	APAGL
8	CORREIA	Barbara	AGSi
9	URSU	Bella	USA
10	BAKHNIUK	Sofiia	UKR
11	STEPANKOVSKAYA	Alexandra	KAZ
12	CONDEÇO	Madalena	AGS

GROUP 3			
#	NAME	First Name	NF
1	SIMMONDS	Nora	USA
2	NOGUEIRA	Mª Beatriz	AGS
3	NYHOLM	Teresa	EsTT
4	STEFFEN	Jade	GVD
5	ALMEIDA	Sofia	GCV
6	CORREIA	Inês	AGS
7	CHERNYSHOVA	Yevgeniya	KAZ
8	JURICKOVA	Lucie	CZE
9	LUÍS	Camila	EDV
10	TAVARES	Daniela	GCO
11	LACOSTE	Camille	CEA
12	THOMPSON	Abbie	IRL

GROUP 4			
#	NAME	First Name	NF
1	KORIDZE	Nino	GEO
2	HOMEM	Eva	AGS
3	MILLICAN	Sophie Jo	GBR
4	OPALECKA	Jolana	CZE
5	KIM	Channing	USA
6	MEIRELES	Matilde	GCV
7	PLONKA	Nadia	POL
8	TOKTAKHUNOVA	Moldir	KAZ
9	JESUS	Matilde	AGS
10	GONÇALVES	Íris	AGSi
11	ROSA	Rafaela	VFC
12	SANDOMYRSKA	Yuliia	UKR

COIMBRA GYM FEST GROUPS

INDIVIDUAL TRAMPOLINE

17+ MALE

GROUP 1			
#	NAME	First Name	NF
1	IZMAILOV	Ruslan	KAZ
2	THOMPSON	Derek	CAN
3	TALBOT	Liam	IRL
4	AVITIA MENDEZ	Francisco Javier	MEX
5	CARBALLO CASTILLO	David Elias	MEX
6	CHEVALIER	Gabriel	FRA
7	PROGIN	Simon	GVD
8	BELYUSSENKO	Yegor	KAZ
9	TKACHOV	Sviatoslav	UKR
10	SANDOMYRSKYI	Davyd	UKR
11	BROCHARD	Rémi	FRA

GROUP 2			
#	NAME	First Name	NF
1	TROYAN	Artur	UKR
2	REIS	Francisco	AAC
3	NIFTALIYEV	Ali	AZE
4	FERRARI	Santiago Federico	AZG
5	BLOOM	Tristan	PGC
6	DOMINGUES	Guilherme	AGS
7	COSKUN	Mervan	FRA
8	CAVACO	Daniel	LGC
9	REGULUS	Alexis	FRA
10	GUNDRY WHITE	Theo	GBR
11	MARIANITO	Miguel	LGC
12	TEIXEIRA	Tiago	SCP

GROUP 3			
#	NAME	First Name	NF
1	LACHAVANNE	Sébastien	GVD
2	LOBO	João	SCP
3	COSTA	João	AGS
4	ANICETO	Ségio	SCP
5	COSTA	Gonçalo	APAGL
6	MIRZAYEV	Nijat	AZE
7	AIBI	Eitan	GBR
8	FERREIRA	Diogo	LGC
9	VIAU	Nathan	CAN
10	ISHCHENKO	Oleksii	UKR
11	MCGILLYCUDDY	Ewan	IRL
12	MIDDLETON	Max	GBR

GROUP 4			
#	NAME	First Name	NF
1	BOTELHO	Martim	AGS
2	LOPES	André	GCV
3	CYMAN	Cody	CAN
4	CATARINO	Bruno	LGC
5	COOK	Mason	CAN
6	JOSÉ	Francisco	AGS
7	MALLAIS	Rylan	CAV
8	LOONEY	Shay	IRL
9	SMITH	Jared	GBR
10	FORNO	Álvaro	GCST
11	BRITO	Simão	LGC
12	AMSLER	Yann	GVD

COIMBRA GYM FEST GROUPS

INDIVIDUAL TRAMPOLINE

17+ FEMALE

GROUP 1			
#	NAME	First Name	NF
1	HEIKKINEN	Ada	EsTT
2	CORRIVEAU	Melina	CAN
3	PODESTA	Valentina	FLY
4	INSKIP CLARKSON	Tia	GBR
5	ALVAREZ PEREZ DE SAN ROMAN	Naia	GVD
6	NUÑEZ PAVON	Patricia Cristina	MEX
7	VASSEL	Ellie	GBR
8	WICKS	Freya	GBR
9	JOLLAIN	Lilou	CEA
10	PISCO	Teresa	ACM

GROUP 2			
#	NAME	First Name	NF
1	STÅHL	Silja	EsTT
2	FAUSTINO	Maria	URD
3	SANTOS	Maria	CDF
4	COELHO	Clara	ACM
5	MAIOR	Ingrid	AGS
6	COX	Laoise	IRL
7	WOEHL	Pénélope	FRA
8	NOBRE	Alice	CCRAM
9	SILVA	Diana	AGDL
10	MULHOLLAND	Fionnuala	IRL

GROUP 3			
#	NAME	First Name	NF
1	GRULHA	Leonor	AGSi
2	JAMES	Roshni	CAN
3	NOBRE	Matilde	CCRAM
4	SCHURMANN	Leonor	GCV
5	KOZHEMYAKINA	Yekaterina	KAZ
6	REIS	Inês	SFRUA
7	ABRANTES	Rita	AAC
8	NUNES	Inês	LGC
9	VIEIRA	Rita	CCRAM
10	PINHEIRO	Margarida	AGS
11	OLIVEIRA	Matilde	GCV

GROUP 3			
#	NAME	First Name	NF
1	PINNOCK	Liana	CAN
2	RODRÍGUEZ MUÑOZ	Melania	CXP
3	NAAPILA	Jade	EsTT
4	ZANFIROVA	Karina	UKR
5	CONTRERAS MARTINEZ	Heidy Pamela	MEX
6	LE JEUNE	Emma	FRA
7	PONTES	Carolina	GCV
8	MAHSUDOVA	Seljan	AZE
9	MOURATIADI	Anna-Maria	AP
10	BOCHORIDZE	Maia	GEO
11	HARVEY	Millie	GBR

COIMBRA GYM FEST GROUPS

DOUBLE MINI TRAMPOLINE

U12 MALE

GROUP 1			
#	NAME	First Name	NF
1	FEIO	Tiago	AAC
2	SAMICO	David	ACM
3	ANICETO	Nuno Rodrigo	CDAPOR
4	FRANCISCO	André	AAC
5	LANÇA	Nuno	AGS
6	ABDULLAYEV	Abdulaziz	KAZ

GROUP 2			
#	NAME	First Name	NF
1	RELVAS	Henrique	AAE
2	MARTINS	Henrique	AAC
3	ZAINULIN	Yasmir	KAZ
4	GAMEIRO	Francisco	AGS
5	RIBEIRO	André	ACM
6	BAKHTIN	Nazar	KAZ
7	JEREMIAS	Matias	AAE
8	NETO	Gonçalo	AGS
9	ROQUE	João	AAC
10	MATIAS	Miguel	GCO
11	MARQUES	Miguel	AAC
12	NUNES	Diogo	AAC
13	AMARAL	Aiden	CCRAM

U12 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	SILVA	Olívia	AGS
2	ALMEIDA	Francisca	AGS
3	SILVA	Mariana	GCV
4	TOJO	Madalena	AGS
5	NUNES	Beatriz	AAC
6	GUIDO	Maria	AGS
7	OLIVEIRA	Lara	AAC
8	RIBEIRO	Alice	LGC
9	MATEI	Maria	CPSBM
10	AFONSO	Nair	CPSBM
11	MENDES	Melissa	ACM
12	COSTA	Marta	AGDL
13	OLIVEIRA	Inês	AAE

GROUP 2			
#	NAME	First Name	NF
1	COSTA	Madalena	AGS
2	GORRENGIA	Gaia	CPSBM
3	BARROS	Joana	SAR
4	AFONSO	Nuria	CPSBM
5	SENA	Paula	AGDL
6	SILVA	Melanie	AGDL
7	MONTEIRO	Maria	AAC
8	COSTA	Eva	EDV
9	MARTINS	Mafalda	AGS
10	RAMOS	Iris	AAE
11	AFONSO	Luna	AGDM
12	SANTOS	Caetana	AGDL
13	ROSA	Matilde	AGS

COIMBRA GYM FEST GROUPS

DOUBLE MINI TRAMPOLINE

U12 FEMALE

GROUP 3			
#	NAME	First Name	NF
1	FERREIRA	Sofia	AGDL
2	RODRIGUES	Sofia	AGDL
3	MACHADO	Lara	AGDM
4	RIBEIRO	Beatriz	AGDL
5	GODINHO	Maria	AGS
6	RODRIGUES	Yara	CPSBM
7	JORGE	Marta	ACM
8	PINTO	Joana	AGDM
9	ALMEIDA	Sofia	ACM
10	MILITÃO	Xana	AGDL
11	REMÍSIO	Mafalda	ACM
12	AREIAS	Maria	AAC

GROUP 4			
#	NAME	First Name	NF
1	LOPES	Catarina	AGDL
2	COUTINHO	Madalena	AAE
3	CANAVERDE	Mariana	AGDL
4	COSTA	Joana	AGDL
5	BRITO	Mariana	VFC
6	CARVALHO	Carolina	AGDL
7	PINTO	Maria	CPSBM
8	MARTINS	Sara	AGS
9	CARVALHO	Júlia	AAC
10	SOUSA	Mariana	AAE
11	CARIDADE	Maria	AGS
12	MARREIROS	Lara	CPSBM
13	Ó	Nicole	CPSBM

GROUP 5			
#	NAME	First Name	NF
1	SANTOS	Margarida	AGDL
2	FRANCO	Júlia	AGDL
3	VERÇAS	Maria	AGS
4	LOURO	Matilde	GCO
5	RODRIGUES	Inês	AAC
6	TAVARES	Melissa	AGDL

13-14 MALE

GROUP 1			
#	NAME	First Name	NF
1	TROYAN	Maksym	UKR
2	MOREIRA	Santiago	AGS
3	AGOSTINHO	Martim	AGDL
4	TITA MAURÍCIO	Miguel	BGC
5	CARVALHO	Manuel	LGC
6	MARTINS	Artur	SCP
7	RAMOS	Santiago	AAE
8	LUZINDRO	Salvador	AGDL
9	MUSTAFAYEV	Farhad	AZE
10	RIBEIRO	Gabriel	LGC

COIMBRA GYM FEST GROUPS

DOUBLE MINI TRAMPOLINE

13-14 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	CUNHA	Matilde	ACM
2	SAMPAIO	Íris	EDV
3	COSTA	Maria	LGC
4	MASSANO	Letícia	AGS
5	JANSEN	Victoria	CGC
6	SANTOS	Beatriz	ACM
7	MARCELINO	Leonor	AGS
8	BASS	Abigail	GBR
9	DUARTE	Carolina	AAC
10	POMBO	Bruna	AGDL
11	SCHURMANN	Maria	GCV
12	MENDES	Rita	AGDM
13	PEDROSA	Laura	AAE

GROUP 2			
#	NAME	First Name	NF
1	JORDÃO	Mariana	AGDL
2	POMBA	Maria	AGS
3	RODRIGUES	Leonor	AGDL
4	CASIMIRO	Erika	AGS
5	FEIO	Margarida	AAC
6	ESTEVENES	Alice	CPSBM
7	SILVA	Eva	CPSBM
8	FREITAS	Inês	GCV
9	HUSEYNOVA	Samira	AZE
10	SEBASTIÃO	Maria	CPSBM
11	SILVA	Constança	AGDL
12	FREITAS	Joana	AAC

GROUP 3			
#	NAME	First Name	NF
1	AGOSTINHO	Matilde	APAGL
2	GUERRA	Mariana	CPSBM
3	PEREZ	Matilde	AGDM
4	GRAÇA	Mª Flor	AGDL
5	ROSADO	Madalena	URD
6	OLIVEIRA	Leonor	EDV
7	GOUVEIA	Giana	GCV
8	ERE	Emma	EsTT
9	FELGUEIRAS	Sara	EDV
10	MENDES	Zoe	AGDL
11	PINTO	Mariana	SCP
12	GRAÇA	Mónica	GCV

GROUP 4			
#	NAME	First Name	NF
1	ESTEVÃO	Carolina	CPSBM
2	PIRES	Sofia	URD
3	ALMEIDA	Joana	AAE
4	SOUSA	Maria Miguel	GCV
5	JESUS	Carolina	GCO
6	MARQUES	Lara	ACM
7	COIMBRA	Inês	AAE
8	LARÉ	Alice	VFC
9	CIPRIANO	Raquel	CPSBM
10	HUTCHINSON	Sophie	GBR
11	PIRES	Maria	AAC
12	PATRÍCIO	Diana	URD

COIMBRA GYM FEST GROUPS

DOUBLE MINI TRAMPOLINE

15-16 MALE

GROUP 1			
#	NAME	First Name	NF
1	CORREIA	Nuno	AAC
2	DIAS	Francisco	APAGL
3	PIKOFKY-CHRISTIANSEN	Rafi	USA
4	SANTOS	Pedro	AGS
5	CARTER	Declan	GBR
6	DIAS	Simão	CEDF
7	BAKHSHALIYEV	Ammar	AZE
8	SLAVIN	Dmitriy	KAZ
9	TODD	Luke	USA
10	MENDES	Pedro	VFC

GROUP 2			
#	NAME	First Name	NF
1	HARPER	Sylus	USA
2	RIBEIRO	Duarte	GCV
3	ROQUE	Afonso	AAC
4	TEIXEIRA	Manuel	ACM
5	GREGÓRIO	Lucas	GCV
6	SANTOS	Simão	AGS
7	PADILLA	Dustin	USA
8	VUORIKOSKI	Onni	EsTT
9	FERROMAU	Rafael	AGS
10	WARREN	Frederick	GBR

15-16 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	TAVARES	Daniela	GCO
2	GARCIA	Maria	AAC
3	COSTA	Iris	AAC
4	VICKERY	Jessica	GBR
5	TOKTAKHUNOVA	Moldir	KAZ
6	SAARI	Rebekka	EsTT
7	PLONKA	Nadia	POL
8	FRANCISCO	Rita	AAC

GROUP 2			
#	NAME	First Name	NF
1	RIBEIRO	Maria	ACM
2	PRAZERES	Renata	LGC
3	JOHNSON	Neila	USA
4	LARANJEIRA	Rita	AGDL
5	LEPORÉ	Amylia	VG
6	ALMEIDA	Sofia	GCV
7	PARSONS	Ava	GBR
8	MONTEIRO	Maria	AAC
9	JESUS	Matilde	AGS

GROUP 3			
#	NAME	First Name	NF
1	MATEUS	Alice	GCO
2	MEIRELES	Matilde	GCV
3	ROSA	Rafaela	VFC
4	LUÍS	Camila	EDV
5	PEDROSA	Rita	APAGL
6	HUNT	Isabelle	GBR
7	CORREIA	Inês	AGS
8	RODRIGUEZ FERNÁNDEZ	Uxía	CXP

COIMBRA GYM FEST GROUPS

DOUBLE MINI TRAMPOLINE

17+ MALE

GROUP 1			
#	NAME	First Name	NF
1	FERREIRA	David	LGC
2	SOARES	João	AAC
3	MOTEIRO	Pedro	CPSBM
4	DOMINGUES	Guilherme	AGS
5	NOBRE	Rodrigo	CEDF
6	DIAS	André	LGC
7	WILLIAMS	Toby	GBR
8	DIAS	Leonardo	AAC
9	CUERDO TELLADO	Alberto	CXP
10	IZMAILOV	Ruslan	KAZ

GROUP 2			
#	NAME	First Name	NF
1	LOBO	João	SCP
2	KNOWLES	David	GBR
3	FLORÊNCIO	José	CCRAM
4	KÄÄRIÄINEN	Kaius	EsTT
5	KEENAN	James	GBR
6	BARRETO	João	AGDM
7	GIBBS	Gavin	PGC
8	THOMPSON	Derek	OAA
9	LABIZA	Francisco	CPSBM
10	MALLAIS	Rylan	CAV

GROUP 3			
#	NAME	First Name	NF
1	ÅKERLUND	Bastian	EsTT
2	COELHO	Rodrigo	AGDL
3	CARVALHO	Afonso	LGC
4	FERREIRA	Pedro	LGC
5	JOSÉ	Francisco	AGS
6	TEIXEIRA	Tiago	SCP
7	MOTA	João	CPSBM
8	COSTA	João	AGS
9	FERRARI	Santiago Federico	AZG

COIMBRA GYM FEST GROUPS

DOUBLE MINI TRAMPOLINE

17+ FEMALE

GROUP 1			
#	NAME	First Name	NF
1	LOUREIRO	Sofia	AAC
2	CONEY-HELLAWELL	Meadow	GBR
3	MENDES	Beatriz	AGDM
4	SILVA	Diana	AGDL
5	VUORIKOSKI	Iina	EsTT
6	ABRANTES	Rita	AAC
7	LOURENÇO	Maria	AGS
8	LOVE	Rebekah	GBR
9	RODRÍGUEZ MUÑOZ	Melania	CXP

GROUP 2			
#	NAME	First Name	NF
1	REIS	Inês	SFRUA
2	REIS	Laura	AAC
3	SCHURMANN	Leonor	GCV
4	LÓPEZ MORENO	Marta	CXP
5	CARREIRO	Margarida	SCP
6	GUIDO	Sara	LGC
7	CARVALHO	Maria	LGC
8	BRAÑA BARREIROS	Alejandra	CXP

GROUP 3			
#	NAME	First Name	NF
1	CINNAMOND	Jessica	GBR
2	NUNES	Maria	AGS
3	NOBRE	Matilde	CCRAM
4	FETTES	Ava	GBR
5	COSTA	Matilde	SCP
6	NOBRE	Joana	AAC
7	LOURINHO	Sofia	CCRAM
8	FAUSTINO	Maria	URD

COIMBRA GYM FEST GROUPS

TUMBLING

U12 MALE

GROUP 1			
#	NAME	First Name	NF
1	DANIEL	Tiago	AAC
2	SANTOS	Gonçalo	AAC
3	RZAZADE	Sanan	AZE
4	CACIONES	Diogo	VFC
5	PEREIRA	Diego	GMNA
6	SERRA	Xavier	AAC
7	LIMA	Gabriel	AAC

U12 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	PEDRO	Margarida	AGS
2	RIBEIRO	Maria	AAC
3	RIBEIRO	Maria da Luz	AAC
4	OLIVER	Stevie	IRL
5	FERNANDES	Beatriz	AAC
6	ALVES	Maria	AGS
7	RODRIGUES	Sara	AAC
8	MENDES	Juliana	AAC
9	ANTONAKOU	Olga	AP
10	APOSTOLOPOULOU	Georgia	AP
11	MARQUES	Margarida	AGS
12	MARTINS	Nina	AAC

GROUP 2			
#	NAME	First Name	NF
1	CAFFERKY	Lily	IRL
2	ILIOPOULOU	Aristea	AP
3	FRANTZI	Aikaterini	AP
4	FIGUEIREDO	Joana	AAC
5	LUCAS	Lara	AGS
6	COSTA	Rita	AAC
7	PERSAD	Mary Jane	IRL
8	SCOTT	Erin	IRL
9	AFONSO	Nair	CPSBM
10	CLESHAM	Lily	IRL
11	TAPADA	Inês	AAC
12	NIFTIYEVA	Asnad	AZE

13-14 MALE

GROUP 1			
#	NAME	First Name	NF
1	FRASER	Harry	GBR
2	ALFACE	Duarte	AGS
3	LUZ	Tomás	CPSBM
4	WALLACE	Darragh	IRL
5	HEGARTY	Oscar	IRL
6	PHILLIPS	Alfred	GBR
7	POTTS	William	GBR

COIMBRA GYM FEST GROUPS

TUMBLING

13-14 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	BALAZIN	Lara	IRL
2	NARCISO	Ema	VFC
3	FAIA	Francisca	AGS
4	DAVIES	Elise	GBR
5	VIEIRA	Luana	AEFDTV
6	DOHERTY	Lily Rose	IRL
7	CASTRO	Inês	AAC
8	SILVA	Carmo	AGS
9	MACHIKICHE	Leah-May	GBR
10	KARAGIANNI	Argyro	AP

GROUP 1			
#	NAME	First Name	NF
1	FIGUEIREDO	Carolina	AAC
2	FERREIRA	Cláudia	SFEM
3	COELHO	Isabela	VFC
4	WYATT	Laura	GBR
5	SANTOS	Beatriz	ACM
6	SEAMAN	Emily	GBR
7	JANSEN	Victoria	CGC
8	SERRA	Adriana	AAC
9	PIASKOWSKI	Oliwia	IRL

15-16 MALE

GROUP 1			
#	NAME	First Name	NF
1	D'ORSA	Corrado	GBR
2	TODD	Luke	USA
3	ANTELL	Luca	GBR
4	GARN	Carter	USA
5	AZINHEIRA	João	GMNA
6	SANTOS	Manuel	GMNA
7	ROCHA	Duarte	VFC
8	NEATROUR	Andrew	USA
9	CHILES	Ruben	GBR
10	MASON	Otis	GBR

15-16 FEMALE

GROUP 1			
#	NAME	First Name	NF
1	FERRAZ	Salomé	SFEM
2	JUSTICE	Rose	GBR
3	CAMPBELL	Ingrid	USA
4	CASTRO	Inês	SFEM
5	NOLASCO	Raquel	AAC
6	CRUZ	Sofia	VFC
7	VIEIRA	Camila	ACM
8	OLIVEIRA	Silvia	AGS
9	GONÇALVES	Mariana	AGS
10	JOHNSON	Neila	USA
11	FEIO	Inês	AAC
12	RODRIGUEZ FERNÁNDEZ	Uxía	CXP

GROUP 1			
#	NAME	First Name	NF
1	FLOKA	Michaela	AP
2	MORRIS	Lottie	GBR
3	SIMÕES	Constança	AAC
4	MANIATAKOU	Amelia	AP
5	SILVA	Madalena	AAC
6	SMITH	Haleigh	USA
7	GAGO	Madalena	AAC
8	JORGE	Rita	AAC
9	OUTRAM	Elle	GBR
10	AGUILAR	Mariana	AAC
11	AZINHEIRA	Margarida	GMNA
12	EMBRY WESTON	Darcy	GBR

COIMBRA GYM FEST GROUPS

TUMBLING

17+ MALE

GROUP 1				GROUP 1			
#	NAME	First Name	NF	#	NAME	First Name	NF
1	BLOOM	Tristan	PGC	1	RESENDE	João	AAC
2	KARATASHOV	Aleksey	AZE	2	BALADI	Jean Paul	CNL
3	SOLIÑO FILGUEIRA	Adrián	CXP	3	KINAHAN	Hugo	IRL
4	ASADULLAYEV	Huseyn	AZE	4	RODRIGUES	Francisco	AGS
5	LOFIEGO	Emanuel	CNL	5	ROBERTSON	Griffyn	PGC
6	RAMALHO	Jaouen	GMNA	6	PINHEIRO	Rafael	GMNA
7	TORRES	Ignacio	CNL	7	MALLAIS	Rylan	CAV

17+ FEMALE

GROUP 1				GROUP 1			
#	NAME	First Name	NF	#	NAME	First Name	NF
1	KOPANELI	Eleni	AP	1	LINO	Marta	AGS
2	FIDALGO	Beatriz	ACM	2	HOSKIN	Olivia	GBR
3	CASULA	Inês	GMNA	3	GONÇALVES	Cláudia	GMNA
4	ARISTEIDOU	Maria	DAG	4	ANACLETO	Beatriz	GMNA
5	AZARETTO	Lola	CNL	5	GONÇALVES	Maria	SFEM
6	GIRÃO	Matilde	GMNA	6	FARRAPEIRA GÓMEZ	Lidia	CXP
7	HALL COOPER	Bella	GBR	7	JONES	Isobel	GBR
8	GONÇALVES	Beatriz	AGS	8	NOGUEIRA	Maria	AGS
9	CABRAL	Mafalda	AAC	9	COSTA	Maria	SFEM
10	MADEIRA	Maria	AAC	10	MIRANDA	Mafalda	AAC
11	BARRIOS GUTIERREZ	Jimena	CXP	11	GRÁCIO	Inês	VFC
12	DAPENA GARCÍA	Eneritz	CXP	12	DAPENA GARCÍA	Aintzane	CXP

TECHNICAL DATA

TRAMPOLINE

A Trampoline exercise is characterized by height, continuous rhythm, rotational elements, without hesitation or pause, in a performance demonstrating a variety of front and back elements, with or without twist, body control, good form, good execution and regularity of height.

Competition consists of two exercises in the Qualifying round and only one in the Finals, and each exercise is made up of 10 elements.

The first Trampoline exercise in the Qualifying event contains free and compulsory elements, and the execution of this exercise alone is taken into account.

The second exercise in the Qualifying event and in the exercise of the Final are free exercises, in which Execution is added to Difficulty, Time of Flight and Horizontal displacement, rendering the total score of the exercise.

In the Senior category, two exercises are performed, with only the higher-scoring one counting toward the final ranking.

SYNCHRONIZED

In the Pairs competition, the simultaneous Executions of the two gymnasts have special value, which added to the Difficulty and Execution result in the final score.

DOUBLE MINI-TRAMPOLINE

A pass on the DMT is characterized by high, continuous rhythmic, rotational jumping elements, without hesitation or intermediate straight bounces.

A DMT pass should demonstrate a variety of forward and backward twisting or non twisting elements. The pass should show good control, form, execution, height and maintenance of height.

In a pass, a maximum of 3 contacts with the apparatus are allowed with no intermediate bounce between the elements. Each pass must end with a dismount element performed from the spotter/dismount zone to the landing area.

A DMT exercise consists of two sets in the Qualifying competitions, one exercise in Final 1 and then top 4 performs 1 exercise in Final 2. Each DMT serie consists of 2 elements. The final score results of the sum of Difficulty and Execution.

TUMBLING

Tumbling is characterized by continuous speedy, rhythmic, rotational jumping elements without hesitation or intermediate steps. A tumbling pass should demonstrate a variety of forward, backward and sideward elements. The pass should show good control, form, execution and maintenance of tempo.

A Tumbling exercise consists of two series in the Qualifying competitions, and another two in the Final. Each Tumbling serie consists of 8 elements. The final score results of the sum of Difficulty and Execution.



COIMBRA GYM FEST ASSOCIATES WITH EUROPEAN PROJECT PAS GRAS

Coimbra Gym Fest is excited to partner with the European Project PAS GRAS, coordinated by the University of Coimbra. PAS GRAS aims to prevent and reverse obesity and associated metabolic complications in pre-pubertal children (3-9 yr), adolescents (10-18 yr), young adults (19-25 yr), and adults (25-55).

During the 5-year span of the project, PAS GRAS focuses on four main pillars:

- 1) Develop a personalized algorithm that will anticipate obesity priming and development in the critical age groups, and identify risk factors for specific complications in subsequent years, guiding future clinical studies.
- 2) Develop and implement personalized interventions by integrating non-pharmacological lifestyle modifications including increasing the adherence to the Mediterranean Diet.
- 3) Inform and engage effectively target groups on obesity causes, risks and intervention by co-production of creative and interactive digital tools and personalized diet and physical activity programs.
- 4) Expand and consolidate the PAS GRAS tailor-made campaign across Europe through developing joint programs for health and food/nutrition literacy and

physical activity, with healthcare centres, schools, sports clubs, municipalities, and other relevant actors and public authorities.

The goal of PAS GRAS is to reduce obesity rates by 15% in adults and 30% in children and teenagers in the European union by 2050. This will help decrease health problems related to obesity and promote a healthier, more sustainable diet.

PAS GRAS is a diverse team of researchers from eight countries, including 12 top universities and research institutions. The Gymnastics Association of the Center Region is one of PAS GRAS partners, while Associação Académica de Coimbra, one of its affiliated clubs, is actively participating in a 1.5 years long pilot study involving young gymnasts.

During Coimbra Gym Fest, PAS GRAS invite you describe the beauty of gymnastics and the inspiration for being active, and to tackle obesity and overweight. Our team will be around and will ask you 'how it feels doing gymnastics' and other questions. Stay tuned and be our ambassador!

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