



Trampoline WORLD CUP

& Coimbra Gym Fest

NEWSLETTER #1



5-6 JULY 2025

COIMBRA | PORTUGAL
PAVILHÃO M. M. MÁRIO MEXIA



MEET COIMBRA

The Gymnastics Federation of Portugal and the Associação Académica de Coimbra, under the auspices of the Fédération Internationale de Gymnastique (FIG) and with the Coimbra Municipality support, will organize the FIG Coimbra Trampoline World Cup 2025.

A historical city in the central region of Portugal covers an area of 316 km² and has approximately 140.000 inhabitants. Bathed by the Mondego river, Coimbra enchants all visitors with its beautiful Fado and academic traditions, where students paint the town in black with their traditional clothes.

The historic area of the city: University of Coimbra, Alta and Sofia were declared in 2013 World Heritage by UNESCO. The University of Coimbra is one of the greatest symbols of the city. Founded in 1290 by King D.Dinis, it is the oldest university in the country and one of the oldest in Europe.

There are several stories and legends about the university that could be described to you, but we want to leave some of them for you to find out when you visit our city. To make you curious, we just say that in addition to the various faculties, you can also visit the Time Clock Tree, the Joanina Library, the Minerva Stairs, the Capelos Room, the University Tower and even the Academic old prison.

THE SPORTS HALL

During the 5th and the 6th of July of 2025 we will receive the world's best gymnasts at the venue Pavilhão Municipal Multidesportos Mário Mexia. This sports hall is located in the Square Heróis do Ultramar, one of the trendiest city areas, where is located the football stadium, two swimming pools and the Alma Shopping center, along with several schools.



TRA WORLD CUP

This year's worldwide gymnastic event will include both, the Trampoline World Cup and the International Trampoline Competition.

The city of Coimbra, the place of several gymnastics events, is a mandatory stop. It will be the most complete worldwide Trampoline competition, having the disciplines of Individual Trampoline, Synchronized Trampoline, Tumbling, and Double Mini-Trampoline.

According to the World Cup provisional registrations in Coimbra, we will have gymnasts from five continents: Azerbaijan, Belgium, Bulgaria, Czechia, Denmark, France, Georgia, Germany, Great Britain, Greece, Italy, Netherlands, Poland, Portugal, Spain, Sweden, Switzerland, Turkey, and Ukraine from Europe, were the majority of participants come from; Asia will be represented by China, Iran, Japan and Kazakhstan; from America, we will receive Argentina, Brazil, Canada, Mexico and the United States of America; while Egypt and South Africa will represent the African continent. From Oceania, we will be welcoming New Zealand. We will also have neutral individual athletes competing.

COMPETITION

Qualifications and Finals.

AWARDS

It will be given medals to all podium sites and participation diplomas for all.

PRIZE MONEY

A total of 24.000 CHF (Swiss Francs).

“Embrace the joy of defying gravity and let your leaps inspire the world.”

TRANSPORTATION

Delegations that book Full Pack will be offered transport from Porto International Airport (OPO) to Hotel/Sports Hall and back; In case of need, is possible to arrange transfer from Lisbon International Airport (LIS) at delegation expenses.

VISA

If is required for the travel to Portugal the Organizing Committee will be happy to help.

ACCOMMODATION AND MEALS

Breakfast it will be served at the accommodation site and Lunch and Dinner will be served nearby the Sports Hall. All Meals are included in the Full Pack.

DEADLINES

Definitive Registration

30th April 2025

Nominative Registration

28th May 2025

THE EVENT

WORLD CUP

Delegations' arrival **3rd July**

Training and Podium training **4th July**

Qualifications: Trampoline, Synchro, Tumbling and Double Mini-Trampoline **5th July**

Finals: Trampoline, Synchro, Tumbling and Double Mini-Trampoline **6th July**
Banquet final party

Delegations' departure **7th July**



Organization



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